The Coming Light

Mary Bruce Wallace

THE COMING LIGHT

MARY BRUCE WALLACE

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"Whence will the light come?
Neither from the north nor from the south;
neither from the east, nor from the west; but from
within, to illumine all lands."

The Teacher.

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PREFACE

THE following record of psychic experiences is a continuation of that published in the Deeper Issues Series under the title of The Thinning of the Veil.

Readers who have not read that little book may be interested to know that psychic communications first came to me in 1915, unsought and as a great surprise. A friend of our family, who had passed on several years before, and whom we call A. B., returned to speak to me. To my astonishment I could hear the very intonation of his voice, and after some weeks I also saw him quite clearly. He then brought to me the Teacher, whose messages are recorded in my former book. These messages were taken down in shorthand by my husband exactly as I heard and repeated them aloud. I hear just one sentence at a time, and then only when I shut away my own thoughts.

We have continued to receive similar communications ever since, and those recorded in the present volume are but a few chosen from a considerable number that have come to me between the years 1918 and 1924.

The visions at Communion Services in Portstewart, Ireland are the first of the kind I have experienced, but I feel convinced that wherever a spiritual focus is formed, there such symbolic visions may be seen.

We have received many messages on personal and family affairs that have been found most practical and helpful. Telepathy between souls on earth and their friends in worlds beyond is so swift and sure that the wonder of it can be realised only by those who continually experience it.

As I frequently both "see" and" hear" at the same time, the messages and visions are exceedingly vivid and conclusive to me. I not only hear the voice of the spirit friend speaking, and am aware of his shining presence, but I also feel his vibrations of joy, sorrow, or entreaty striking

against my soul. One has to become very receptive at these moments, and as still in thought and feeling as an unruffled pool, in order to catch every detail of the visitation. Before receiving a message or seeing a vision, I am often aware of my friend, A. B. helping me to keep calm.

I have never heard or seen anything psychically that was not beautiful, and I feel that no one need be afraid of psychic development so long as it unfolds naturally from within the soul and is not forced by outward means. One has, however, always to guard against interference by one's own desires or imagination.

My brother, Wellesley Tudor Pole, who has had much striking psychic experience, has often been able to corroborate mine.

Only good has come to me from these experiences. My health has steadily improved, and I have gained a deeper realisation of the meaning of life on earth and of its intimate connection with the inner spheres. It has to be borne in mind, however, that the psychic faculty, like any other natural gift, if abused or degraded, may lead its possessor into unsuspected difficulties and dangers. The only safeguard is to be spiritually prepared. Any investigation of psychic phenomena through the mediumship of others should never be undertaken otherwise than in an earnest and prayerful spirit.

An inner calmness of mind and feeling is even more important for clear vision than are quiet surroundings, although these also help greatly. Most of my messages have come to me in quiet parts of Ireland, far away from city life.

In the individual outer appearance of spirit visitors, I notice a much greater difference than between mortals on earth. Those who have but lately passed on do not lose their own striking characteristics of face and form, but their bodies gradually become more and more ethereal and shining; and they become more beautiful. The guardian spirits I see befriending people on earth are still more luminous, and angels are so marvellously bright that

one can scarce endure to glance at them. Light seems to radiate from the spirit within; it shines right through the exquisite body and raiment, and beyond into a glowing, opal-tinted aura. These angels come, I am told, from the higher heavens, and are only occasionally seen, even by people living on the plane above the physical. My friend, A. B., tells me that he has to sweep my aura clean before I can see an angel.

The truth our heavenly helpers seem so anxious to impress upon us is that the direction and quality of our thoughts, emotions, and actions in this life determine our status and surroundings when entering upon the life to come. The need for thought-control and for following one's highest ideals whilst on earth thus becomes more strongly apparent. Death, being but a doorway, cannot change either the character or the aims of the soul passing.

We have been asked by our Friends beyond the Veil to pass these messages on, in the hope that they may help or cheer fellow-travellers on the road of life.

MARY BRUCE WALLACE.
LIMAVADY. IRELAND. September 1924.

PART

I - MESSAGES FROM THE TEACHER

I. THE GREAT SPIRITUAL CAMPAIGN

IT

is time for man to leave the lowlands of his being and ascend to the higher reaches, where we can the more easily assist him.

There are thousands of us waiting on these higher reaches, longing for him to attain unto them. We cannot goad him: he must come of his own free will, and

the ascent is therefore slow: but patience, my brethren, for in a little while you will see a great advance in thought on all lines and the knowledge of these sacred mysteries will spread like wildfire over the land. He who walks in the street will marvel and understand even more readily than he who sits in the study. The mass of mankind will, I declare, hear and receive words of truth that do not gain entrance into the mind of the more learned savant.

We are endeavouring to reach every type, and are very hopeful of success, even with those who at first seemed the hardest to influence. A wait with us the oncoming of the day, doing your part and afterwards share with us the joy of triumph. Very

beautiful will it seem to have taken part with us in this great campaign, spiritualising the materialistic atmosphere in which the world is at present plunged. Do not allow yourselves to think that the present condition of things can last much longer. He who is with us

is almighty to prevail and the forces of darkness are slowly receding, before Him. Onward cometh the Prince of the Day, for the sun is behind Him, and shining through Him. It is impossible to resist His on-sweeping waves of beauty and holiness. Thereafter will a great eon commence. We trust and hope that even you will gaze on this before joining us here.

"Future

generations will consider the decade in which you are living as most momentous, epoch-making; as marvellous in its issues as the early Christian era. A great wave of Christ ideals will sweep over the world, dating from this time.

For He is Himself the heart of the

movement and we are one with Him. Therefore do not allow yourselves to be shadowed by any passing gloom. This will surely be dispelled by our Prince of the Morning. Take our hands and rejoice. Very lofty ones descend with Him on this mission who are endowed with what would seem to you almighty power.

These angels and Archangels, holy ones from

the inner depths and heights of being, will come forth with Him into the outer planes, and radiate their blessedness in every direction.

"The

object of our mission is twofold both outgiving and ingathering. It is to give out power to man and to ingather his higher faculties; that is. to stimulate him so that he may hold our hands, respond to our inspiration, and go forward to inner glories unattainable so speedily

otherwise. It would take a century for him to achieve that which he would achieve in a night (I speak in metaphor) by holding our hands. Threefold will be his range of activities. First, he will ingather from us; second, he will stretch out his hands to his

brethren, drawing them with him; third, he will ascend nearer Divinity steadily, instead of fitfully as hitherto, climbing with eyes fixed upon the summit: this not only on earth, but also in the inner spheres correlated thereto and forming a natural sequence.

When

once this steady march of progress has begun, it will be easy for us to organise amongst you many marvellous works which are now impossible. There must be greater unity of thought and feeling in you before we can achieve that which we desire. This is one essential for reforms of a wide-reaching nature. The further evolution of man depends far more upon his

spiritual development than upon his psychic unfoldment. We hope to quicken his spiritual vision by reaching him more easily through the channel opened out to us by those who have psychic faculties, when once he realises our nearness to him. we hope that, in very real and practical ways, we shall be able to co-operate in your work upon your globe. Centuries must pass ere my words will be entirely fulfilled, but from now onwards I behold a distinct ascent of the human race and no more lapses into deeper sloughs of

materialism, however frequent may be individual cases of degeneracy. The average state of mind will steadily become purified, enlightened, and warmed to a stronger goodwill towards the fellowman. Love will permeate the race as the Lord of Love descends once more to sojourn with you in a way undreamed of hitherto: not for a brief period of earthly life, but for a continuous spiritual co-operation in the outer planes of being. During these centuries you have felt His influence but fitfully, and from afar. He

had much work to do in the inner realms. He is now desirous of reaching you all more closely, this can be done only by the thinning of the veils which we are therefore called upon to organise, as He has commanded us to do.

"Great rejoicing was felt

throughout the hosts of Heaven when this mission was first communicated. The news of it spread from soul to soul (far more rapidly than. is possible on earth). From those of the inner circle to whom it was first breathed it spread out in ever-widening ripples, until all realised that the redemption of man would become attainable within a limited period of time. So slow has been his ascent until now that many of the Higher Ones felt that it would surely take and eternity to accomplish it. This great mission of the Christ has removed such a fear, and

filled us all with hope and joy. To work half in despair as we did before is not joyful. Now we are absolutely confident for the reason given, we feel that our ideal is within reach and that we shall not spend our force to no purpose in endeavouring to lift a load too heavy for us. I assure you this is how we felt before this blessed announcement was given to us. The end contemplated would to you seem very far off, but, believe me, it is near, compared with what it would have been had man been left to go on with our world still veiled from him.

"He who is innermost of all

our human race can alone estimate the significance of His plan. We take it from Him that it is certain of success, and we feel His power at all times, enabling us to carry out even details to a degree of perfection which we could not otherwise compass. We, one and all feel this from the highest to the lowest worker. There is no distinction of persons. Each is enabled to do his work in this campaign as nearly perfectly as is possible at the present stage of our development. Following the Higher Ones come those who are less evolved, marshalled in orderly procession, and able to carry out plans that the leaders could not effect alone. You will later, from our side, realise the perfection of this organisation, and go on with the work you have begun on earth, as you have been called to this, marching beneath the Lord Christ's banner. Not every Christian is engaged in this campaign, but only those by nature fitted for it, and these are daily increasing in number on both sides of the veil."

II.

CLEARER LIGHT BUT NO COERCION

Very

far is it from our desire to coerce man in any work undertaken. We would have it entered upon in perfect free will. Only thus will it be possible to make it a success.

This principle ought to be considered more fully in dealing with the lives of young people starting out on their life's journey in your world. Many parents, teachers, guardians, endeavour to force the youth or maiden along paths which seem to themselves desirable. but which are often against the well-being or desire of the souls concerned. Well would it be if

young people, when they came to the age of discretion, were advised to enter into the Silence, there to discover for what work in the outer world they are best fitted. So would a career be made fruitful instead of abortive. We behold many calamities in young people's lives due entirely to this endeavour to force the will in the

direction desired by older, and often more

material minds. Leave these precious souls free to follow their highest intuitions. The world atmosphere is mercenary, very dangerous for the youth entering therein, full of insidious temptation. Let all teachers who are open-minded to this,

and sufficiently spiritual to realise its dangers themselves, be on their guard lest materialistic thoughts and motives hamper those young souls so eagerly pressing forward upon the roadway of life. How we long to help you all in the training of youths, and even children, in this respect' Yet will it be some time before the outer world recognizes the

importance of valuing all things from our standpoint. Very sordid is the outlook of the average teacher of youth. We are pressing in with deep desire to change

these materialistic trends of

thought. and we shall succeed. Although, as I said, we do not coerce, yet we shall certainly endeavour to change the mental atmosphere by every means in our power, creating channels of light in the midst of your darkness.

The

world atmosphere to its is intensely dark with sordid thought and feeling accumulated in masses, generation after generation, because of worldly souls who have passed through their earthly existence with little or no thought of heavenly things.

This change cannot be expected to take

place in any miraculous way, in the twinkling of and eye. Man must slowly absorb spiritual energy somewhat as a plant absorbs its sustenance from the air and sunshine around. Placed in a new atmosphere, he will unconsciously draw in that which we

desire. We, as it were, sweep away the clouds of darkness from about him, and, as these depart, spiritual sunshine takes their place. The soul then becomes open to undreamt-of possibilities and ideals. The whole outlook is changed for the better, more or less according to the degree of the individual's response. According to the point of evolution that each soul has reached, will be the extent of his enlightenment. I am telling you this to give you a faint idea of one of the ways in which we shall be able to affect the outer world, unnoticed by the beings moving therein. Thousands of us will be

actually by their side in a way never before possible, for we can descend into their atmosphere as soon as it has

been cleared and purified in the way described. There are large companies of us who might be called 'preparers of the way.' These are at present occupied in sweeping away the enveloping clouds. Then they will transmute them by spiritual power generated in our inner realms, somewhat as the sun dissipates mist.

The

thought mist of your earth is very dense and stifling, so that it needs great spiritual power to transform.

These

blessed pioneers are even now cleansing your atmosphere by their own purity and power. Very beautiful are they: many of them angelic, not belonging to the children of men, for, as I have told you, very great power is needed from the inner and higher realms to accomplish the desired result.

Not until the Divine decree went forth for the thinning of the veils was this campaign possible: so your earth atmosphere has not, previous to the

present era, been penetrated by the angel hosts. You will understand, therefore, why we regard the future with so much hope. A new era began at the moment when the first seraphs descended upon their Divine mission, making the first clearance in the clouds around you.

Now we are descending swiftly after them, all of us organised, thousands of workers, tens of thousands, each with his special mission to perform for which he is specially fitted: no shirkers, but all earnest, chosen messengers of the Divine will.

You

will now begin to perceive the reason for our optimistic attitude with regard to the new age so swiftly approaching.

Not for long can any materialistic trend of thought hold sway in the minds of men, for it will be swept from them almost as soon as generated, and not allowed to influence others as hitherto. Man will find himself marvellously enlightened, he knows not how: lifted "into realms beyond his previous imagination.

The first to catch the light will be the poets, the idealists, the thinkers of all types, of every class. There will be a great wave of enlightenment

entering the world through the souls of such. The emotional nature will respond more quickly than the intellectual to

our knocking at the door. There is a reason for this. Imperfectly developed though the emotional nature often is, yet has it a doorway always open to the realms of light, a doorway that is often closed in the intellectual type of man.

You

will find that the Irish nation will be one of the first to hear our call, to follow our prompting, to climb

rapidly to the heights whereon we stand. We see Ireland very swiftly uprising from her chains. America also is stirring, though she is not so near the awaking point as Ireland is. She will be longer held by the bonds of materialism, created by money

interests. Far away in the East do we see light. Much will you behold soon that will confirm my words. Rejoice that

this is so. Be at peace. The coming time must still be veiled. but not for long now."

III. LOVE ALL; FORGIVE ALL; HELP ALL

I would have you realise how much you can grow, even in one day of your earthly life. Spiritual growth is not measured by time, but in the light of eternity. Therefore you can never gauge either your own progress or that of others. We alone can do it who see from this side. What I have said should lead you not only to deeper earnestness in your endeavour to use to the full the brief opportunities of each day. but also to a large tolerance and charity with regard to the development of other human souls with whom you are brought into contact. No man is fit to judge his fellows. Love all, forgive all, help all whom you touch in any way. You can accomplish much if you control your emotions sufficiently. Carry out these three injunctions, and you will achieve more good than you can possibly imagine. Beautiful is the influence which streams from a soul that is endeavouring to practise them: it is like sunshine in the midst of gloom, like oil upon troubled waters, like peace after storm.

You can in some respects reach one another better than we can who are not beside you in the flesh. It is difficult for us to act upon souls devoid of any psychic development. These are screened from us, in the daytime at any rate, by their lack of receptive capacity. Blessed are the pioneers able to be in touch with us, and at the same time in touch with their brethren upon the earth in a subtle way uncomprehended by the ordinary individual. Very important it is that they should realise that the influence they exert is more penetrating than that of others who have not the like psychical development.

It is desirable that in every respect your thought and feeling should be constructive rather than destructive. No thought or feeling must be in any sense negative: every thought and feeling must be positive: that is, serene, hopeful, joyous. The passivity demanded by mediumship is not a negative state. It is a calm induced by self-control, a state of

mind which would be frequently beneficial to every human soul, not to sensitives only. Such mirrors may reflect truly that which we desire to show to the world of men.

IV. A VICTORIOUS SPIRITUAL ADVANCE

I HAVE come away from a very beautiful, exalted ceremony. in which my Brotherhood was privileged to take part along with other Brotherhoods, to receive the blessing of Christ upon our work throughout the year. We feel both refreshed and inspired, ready to go forth upon our mission with hope, as we have been assured of its success. The way is clear before us. We know now that we have His power with us and through us, by means of which we can rend all veils, overcome all obstacles, dispel all mists, conquer even that darkest enemy of all-Death, tear from him his mantle of gloom, revealing him as an angel of light, for indeed it is man who has draped him in darkness, man who has him the 'King of Terrors,' man who has blinded his own eyes to the vision of beauty which we would have shown him.

The path to these realms is no longer beset by the terrors created by his imagination. It is now a safe and shining road. We have still one great enemy to struggle with and to overcome: physical disease, which so often causes suffering in the last stage of the earthly pilgrimage. You will shortly see a great advance made in the cure of physical disease by rational and spiritual means. We have many ways in which we shall endeavour not only to cure, but to prevent bodily ills. You know well some of these: a clearer vision of truth, a more beautiful and more hopeful outlook, a habit of gentler feeling and temper in daily life. Such inner conditions will surely contribute towards that beautiful and harmonious body which we trust coming generations will inherit. Much that has come from the past still has to be eradicated, this the race can scarcely hope to accomplish in a single generation.

We shall do all we can to show how seeds of future conquest may be sown, whereby your little ones may be enabled to shake off the terrible heritage so often

bequeathed to them by ignorant ancestors.

"When the light bursts through the veils, all men will behold in proportion to their respective soul-unfoldment. Thereafter you will witness the reign of new ideals. There is to be the Christ conquest of the body, first by the few, then by the many. Lights from within the temples will shine upon all around. Many will be healed and saved, and these, in their turn, will become missionaries to those still suffering and sorrowful. Beautiful things do I behold which are shortly to gladden the earth."

V.

THE DAWNING NEW ERA

Not

from the outer plane of the intellect do great ideals take their rise, but from the inner source. Many a smaller one

is born of the intellect, but is doomed to be shattered sooner or later. All that is to be lasting must spring from the innermost heart of Being. Endeavour to enter with us into these secret recesses of the Universe, so that you may perfectly co-operate

with us in our endeavour to realise upon the earth that righteous order wherein every man shall happily perform his harmonious role in concert with his fellows, and whence darkness, misery, and sin, shall be swept away. We look for the deliverance of man from what is called sin, as this is due largely to the very unfavourable environment in which your children find themselves. This is true not only of one class, but of all classes.

Souls, otherwise remarkably pure from our standpoint, often become sullied by the atmosphere in which they are reared, and so their conduct in manhood is tainted. Ideals which they would have received from our realms, had their minds been open to our influence, are clouded over by false standards of conduct in society. I see thousands in this confused and poisonous social atmosphere. It is not our task to purify it. We shall give

you our great spiritual and social programme, and you must endeavour, by putting it into practice, to purify the atmosphere in which you live.

We

say to all idealists that there are great things to be done, and great souls required to do them. There is need for consecration, for obedience to the highest, for a readiness to throw aside all lesser aims, to follow that road which,

for every one of the pilgrims, is the nearest in the present age to that trodden by the Master. You are all called upon to help if anything can be accomplished that will be of lasting value. Every possible soul must be enrolled in the work. This can be done only educating children along the right lines. It

will, of course, be many years before you can enrol every soul. This will be possible in the coming time, though exception must be made of those who are enveloped in

mental aberration; the number of these will be steadily on the decrease, as we are able to co-operate more fully with

you on your outer plane. I see very striking advances made in every direction.

These things which I tell you are not mere day-dreams, but visions of spirit, which will be ultimately fulfilled. How quickly depends upon how far man can willingly co-operate with us.

VI.

SWEEPING OLD RUBBISH AWAY

I

AM looking outward upon the future with a hopeful and serene heart. The realisation that the good is bound to come out of what seems evil, carries us through the intermediate and most difficult stages, such as you are witnessing at present. Always before a new era

comes this darkness, winding up the old age. It belongs to the order of being, and cannot be otherwise. This happens in the lives of individuals as well as of nations, and is irrespective of time; i.e., it belongs to Eternity. There is always a gathering tip of old

matter, and a casting of it out before the new can uprise and blossom into perfection. On our side we are fully aware of this, and it would be well if on your side you were also aware of it, since it would give you great patience and understanding of the human heart and of the forces of evolution. You would understand your fellow-men better in all the

crises of life, as well as the history of your nation and of the world. Learn this lesson in order that you may be the better able to understand and influence your fellows. Perfect understanding of human nature comes by slow degrees. It is not won easily: many incarnations must pass before the soul in any way perceives the true values of human

character in the light of Eternity. Later, you will be able to do this, all of you. This quality of perception is born of intuition, that rare, priceless faculty. It is not found in every soul on your earth, so many being veiled by the senses. When possessed to a fuller

extent by a greater number of persons, half the tragedies of your earth life will never take place. Intuition and the power of imagination, these twin qualities of the soul, take precedence of many others more highly esteemed by men. We would rather find these qualities than others, since

we prize them so highly, and can do so much more with and

individual who possesses them. Such a one is able to walk with us in thought, and usually derives his ideal from our side of life.

"Do

not allow yourself to be depressed by the outer aspect of things at the present moment. Slowly but surely will the light

break through. There is infinite power behind it, and the darkness will be short-lived. Many centuries of light and progress will be builded upon the foundations shortly to be laid, therefore, it is indeed necessary that all the rubbish should

be eliminated before the paving-stones are put down, in order that these may rest upon a sure foundation. The building is for the distant future: build with as perfect matter as you can evolve in your present stage of consciousness. Do not allow yourselves to be deceived into thinking that these matters can be speeded up. To be stable

the building will have to be gradual and sure. We shall help you with all the means in our power. You will cash be

called upon to do your own allotted part, side by side with us, in building a new civilisation on your earth.

VII.

WORK FROM THE SPIRITUAL CENTRE

REALISE

the Infinite Power that broods over you. It is restful and creative. It creates life as the hen brooding over the eggs brings the life forth from them. Rest in the Infinite protection. Realise the protecting and creative Presence, so as to draw from it comfort as well as force. Realise that you are part of it, and not separate from it. This it is to be in

tune with the Infinite. Could you become conscious of this in the same sense that even we are, much more could be

effected in and through you in the outer world. This consciousness is available in every possible degree to suit every soul on the road of evolution. It is as accessible to the child mind as to the old man. It adapts itself perfectly to the needs

of the individual situation, so that there is never any waste of force; nor can it be drawn upon until the soul itself

demands it. Yes, even a child soul calls out within itself for strength in and unconscious way not realised by its elders.

You

must remember that the child is but and imperfect expression of the indwelling soul, which often voices itself in thoughts and feelings never uttered outwardly, and only dimly apprehended by the physical brain. But the soul is aware of far more, and leads a life of its own to a

greater or lesser extent, according to the stage of the individual's development. We are perfectly aware of all that goes on in this inner side of the being. It is here that our work of influence and direction lies. We pay little heed to the thoughts and actions of the

outer man, the imperfect expression of him, our task is with the inner feelings and aspirations, for it is here that the keynote for the future is constantly being, struck. The passing outward manifestations are the result of the past keynote. What we concern ourselves

with is what is being sounded in the soul at present in order that we may therein erase, or overrule the past, and create new possibilities for the future. You can

but dimly understand what a vast field of work lies here for the guardians and helpers of the human race.

You

are so much concerned with effects that you do not realise the potency of causes. We are living and operating entirely in the causal realm, and perceive the magnitude of its possibilities. Later, you also will be called upon to help here, and therefore it is well for you to become aware of what all this means. Try to realise more and more that all power springs from the heart of being, and that in these inner spaces is generated the force which controls and shapes events. When you can consciously keep yourselves in touch with this infinite, brooding, creative Power, you will spring forward rapidly into opportunities of service which are at present out of the question, since you would not have the intuition to grapple with them successfully."

VIII.

ETERNAL VALUES

O

become a power without, you must sound the depths of the power within. To scale the heights is not the same thing its to sound the depths. You may accomplish great enterprises guided by the human intellect, yet these may be all on the external plane, cut off as it were

from that inner source from which alone can be derived the strength which does not fail. The works of the intellect are too often fruitless, or worse than fruitless; witness the results of the intellectual education of Germany. Outward education is of but little avail

unless it be guided by the soul drawing all the while upon infinite resources. The outward things are finite; the things of lasting value are created only in the depths, where they are in *close* touch with their Divine Creator. So the works of men mostly perish and *crumble* away, all but the works of those spirits who, standing upon your earth with their thoughts still in the *eternal* world, are *able* to bring Forth *lasting* witness to their heritage, to the source from which they come.

Very

few are those who have *left* with you undying evidences of their life and power. Materialised *memorials,* such as the Panama Canal, or other great engineering feats, may *last* only a few centuries. A sudden cataclysm of Nature may sweep all these away. What does *last* is the word spoken to the heart and brain of *individuals* by *spirits* of power, passing down the aeons

from generation to generation, even unwritten, influencing and moulding fortunes.

He

who has *left* the greatest impression upon your earth so far is, as you know, the Lord *Jesus*. This will be evidenced *later* on, when His power is manifested to the outermost amongst you and bears fruit in a new state of society, in materialised or actualised ideals, such as He saw in

vision when He spake upon the Mount to His *beloved* ones.

His were words of power, words that will be preserved through the aeons until they have borne perfect fruit in every department of your life upon earth. The mighty works of the intellect will pass away, but the results of His words will last unto the end of time

as known upon your planet. I take this great illustration to show you my point.

You may now *roughly* divide your great pioneers and teachers into, on the one hand, those whose words and works

will endure, and on the other hand, those whose words and works, though achieving temporary success, are destined to perish as the ages pass, or to be transcended by *superior* works of the same nature.

"All

things are plastic to the hand of man, who will continually alter them as he evolves, that future races on earth will build a civilisation entirely different in almost every respect from that which is witnessed at present. I, who can with the eye of vision perceive the last

phases of life upon your earth, behold there the perfect kingdom as outlined and inspired by the Lord Jesus. There is your great example: follow it, my children.

You can do nothing better, both as regards the ideal of daily personal conduct and as regards the larger life of the community, the nation, and the race.

"The

sooner you perceive with sufficient clearness that, at whatever cost, the

Christ ideals must be put into

practice, the sooner will your race evolve past the materialism in which it is at present immersed, into that heavenly freedom which is the birthright of the sons of God. Such words as His are undying to the end of time, and no earthly power can cloud their meaning

or destroy their significance, for they are words of might spoken from the inner source. They can never be erased or forgotten, and they will endure, when finally expressed in perfect form. Only the words of the lesser ones are distorted or lost. Those teachings that were meant

to endure (both those of the Lord Jesus and of all other great sons of God who have appeared on the earth, East or West, manifestations of the Divine),

are preserved, not only by the care of man, but through the constant watchfulness of Higher Powers, who cannot allow to be destroyed anything that will be of vital power to man's evolution.

So

you may rest assured that you will always have in your midst, even in your thought atmosphere, the true Divine ideals, brought by Great Ones from the innermost spheres,

and meant to be your sign-posts and pass-words to eternal blessedness. Every race has been given these. Your teachers and preachers, if only they realised them, and practised them in daily life, would bring about enduring reforms in your midst. The fault in the past has been

that the consciousness of these inner realities has not been sufficiently vivid. Teachers as well as scholars have been too much clouded by the intellect

and by immersion in the bodily senses. The Lord Jesus Himself was completely Master of His vehicle, and as such was able to rise above all the obscure obstacles of heritage

and environment, which continually blind and cloud the eyes of the souls

immersed in the flesh. Only a few in your race have been able to do likewise. More and more, however, will rise to this

power, and, standing upon mountain tops above the mists of time, will live in the world though not of the world, and perceiving life eternal verities of the

innermost, will voice them in bringing true inspiration to the children of men.

Our great endeavour is to make the

Christ teaching realised on earth as possible, practicable, and unescapable, if you like to climb surely Heavenward. All other paths must lead to disillusionment and failure, if not worse. Come up, therefore, to our plane of ideals, and endeavour to follow the Master whom we all bless and revere. We are all gathered together beneath His standard, which

shineth immortal in the Heavens."

All

such incidents in the life of Jesus as are of essential value have been

preserved, others have perished.

Slight misinterpretations may have arisen through the ages, but nothing that is of consequence. All has been preserved that can accentuate and emphasise His origin and teaching.

The

Sermon on the Mount is the most important of all His words, yet the least understood, and the least put into practice by the race. This must be done before we can hope to see the Kingdom in

materialisation amongst you.

"The

earlier children of men needed to realise the descent of Christ from above. Only by such a process as the Immaculate Conception could we picture it to them. It is as well expressed as could be in your tongue, which fails to compass the entire truth. He was in every respect

overshadowed by the Divine, therefore you cannot regard His advent upon earth in the same manner as that of ordinary mortals, though it took place according to the natural laws of your planet. The greater overshadowing of the Divine produced a more perfect vehicle through which He could express Himself more easily, and which He was

able to dematerialise at will. He could not have done this had he possessed the average human vehicle."

IX.

PRIVILEGE AND RESPONSIBILITY OF FREEWILL

WE

are all of us prepared to help you to accomplish your part in ushering in the new age, but we cannot do more for you than help.

You must bear the responsibility, both for the effects of the past and for the deeds of the present, having that freewill which is the birthright of every human soul, and without which existence would be but a poor thing.

"This

freewill is a glorious privilege enjoyed by all beings on every plane of existence. Even the lower animals have rudimentary freewill, but the scope of its activity is so very limited in them that you would not recognise the divine faculty in its lowest and crudest forms. Instinct is their sure guide, and this is the impression upon them of a central force within the group-soul of which they are members, a force in its turn governed by one of

the elemental beings in our lower realms who are entrusted with the care of our brute creation. There are many races of beings invisible to you, but perfectly visible to us, who organise, control, and inspire the functions of the mineral, vegetable, and animal

kingdoms. They receive their orders from beings higher than themselves, and these from still higher beings who are in a sense angelic; i.e., they belong to a certain race of angels who have to do with all the forms of life lower than man, and who superintend the evolution of the same upon the planets.

"On

all the planets these manifestations in matter of mineral, vegetable, and animal

are in existence, but carried

out in different ways to fit the different constitution of the planet in question. There is infinite variety in the universe. You would scarcely recognise the fauna and flora, or the human vehicles, of another world. They would seem to you quite foreign and strange.

You could not even appreciate them as you do the fauna and flora of another country on your own planet. The laws are the same, but the outworking of them in another atmosphere is quite different. Men of science who come across from your earth often find great

interest in studying the conditions of other physical worlds, which they are allowed to do when they have sufficiently evolved in character, and have reaped the harvest of seeds sown in their past incarnation. Many of them spend a lifetime in these studies before again passing to earth, and although unable to remember their experiences whilst in the new body, they have thus greatly enlarged their powers of observation, analysis, and control. It is very rarely that human beings in the flesh catch even the most fleeting glimpses of the invisible entities who are controlling the lower kingdoms of

matter do they see the higher ranks of these. To us, they are objects of very great marvel and interest. I cannot say that they exactly associate with us in our daily life, since their methods of thought, feeling, and worship are rather different. One might say that their

habits, to you, might seem pagan, but they too have and inner realisation of a Divine reality whom they serve: and though they also, as well as other created beings, have a birthright of freewill, they are so carefully governed by higher ones that they are not allowed to make any

serious blunder with regard to the organisation of the various realms of nature, which is carried out with a perfection of detail unapproachable yet by man in any of his outer works. He will some day produce things as perfect and beautiful as he now perceives in other forms of creation."

X.

Blessing One's Fellows

There

are three ways in which you can help your fellows. Firstly, by blessing on them. Secondly, by holding them quietly in the thought of blessing. Thirdly, by

being a blessing to them yourself in ways of active kindliness. The difference between the first and the second way is that the first is active prayer for others to be blessed. This might be

one of faith rather than of realisation. The second way is the realisation that they are blessed, and the conscious

holding of` them in thought: a higher way, since it is a conscious perception of the All-Enfolding Presence which blesses all men, whether they will or no, and is able to reach them to the extent to which they are receptive to it. To realise that this is true is to

make this truth more realised by the soul of whom you are thinking. It dissipates surrounding clouds of the earth atmosphere, and enables the soul to feel a sense of calm and repose.

The

more deeply you can realize this for yourselves, the better able will you be to bring the consciousness thereof to others also. We are continually doing this in the inner realms for our fellows.

Could you but do so on your earth, even to the smallest extent, you would help us greatly in lightening your social atmosphere, and much that is now impossible for you and others would then be manifested with ease, and the sunshine from on high would find free

entrance and illumine all the byways of your life. You are at present largely

shut out from this by the thick social atmosphere of cloud which is all about you and constitutes, between us and you, a very dense barrier which we have difficulty in sweeping

aside. Do your best to help us in this respect, a very important one, i.e., the realisation of the Heavenly blessedness and power to bless, which is over all. through all, and in all, and in which you should feel yourselves cradled, comforted, and inspired.

Only

through its own ignorance and perversity is the race at present shut out from this perception. I wish you to understand that it is not in actuality shut out from the All-pervading Presence, but, being blind and deaf to it, its outer consciousness walks as it were in a cloak, muffled, and in the dark. The more you meditate on this, the clearer will it become to you. It is essential that you practice it, and this you will learn to do, at first intermittently and at last continuously, with perfect ease. From that moment, you will feel yourselves

so consciously one with the Divine, that all outer tribulations will be to you as chaff, easily scattered. You will abide in the fullness of joy and peace, and enable your fellows to do the same. One such soul is, as it were, a beacon in the darkness, and very thankful we are when we behold such. What I am speaking of applies to

all realms, inner and outer. It is more easily realised in the inner ones. The victory is to realise this joy and

peace when apparently walking in outer cold and darkness. You are on the earth to achieve this conquest, and we are with you to help you to do so. Stand upon the eternal rock in the midst of tumult. Realise the permanent in the midst of the transitory, and do this with joy. The path to the innermost is more easily found through the gateway of joy than

through that of sorrow, but the soul has become so enmeshed in outer things that it cannot without tribulation break its fetters. Sorrow is born of the struggle of the soul towards the light: the falling back and failure so

often occurring bring tribulation,

yet to go onwards steadily in joy and peace is possible, though few there be who find the way. The gateway of faith leadeth thereto. Open this gateway, we beseech you, that you may no longer

wander amid the stones of the wilderness, but ascend the mountain of freedom. Faith is the gateway to freedom, and in spiritual freedom is joy. Spiritual freedom means mastery over the body and environment, after which, you will tread easily the road

with us, and ascend rapidly to our vantage-ground, since the conquest, once won, is won for evermore.

XI.

ECONOMY OF ENERGY

"ALWAYS

let go at once those persons whom you fail to bring into sympathy with your line of thought. They are not for you, but for some other teacher to influence by other methods which may be quite foreign to you. In futile trying to influence their fellows in some particular way, many earnest people waste energy which should be kept for other purposes. By intuition a soul can perceive how far it can help forward, or bring light to, a

companion on the road. Ponder upon this, and remember it in future years. To be wise in this respect is a great asset, very helpful to a worker on spiritual lines especially. The principle applies equally to intellectual matters. Never attempt to force a door which does not yield easily to your touch.

This

rule should be borne in mind in the training of children. To stimulate faculties that are not yet ripe for

such stimulation, is waste of effort. You must learn to conserve your energy, and to translate it from one plane to another. Physical energy can be transmuted into intellectual power according to the desire of the soul: and all energies can be made servants of the spiritual. At one time it may be wiser to expend on one plane, at another time on another plane. You are free to use your power as you choose, but always remember not to waste it,

as it is precious—a heritage from the Divine. At present we see powers going to waste in all directions, even running amuck, doing untold damage to thousands of innocent beings through ignorance more than through deliberate misuse of the creative energy, which is the birthright of every child

of man.

Learn

from us how best to use your precious gift, how to control it, how to increase it a hundred-fold or a thousand-fold,

how to influence your fellows without strain, through a spontaneous outpouring from the innermost centre. It is through our having become perfectly

equipped in this matter that we are now qualified to instruct others who are still unaware of their creative faculty, of how to use it. You may, even in your lifetime on earth, make considerable progress in learning how to work, if you bend your attention in this direction. Think this lesson out in detail, calling to mind practical applications thereof out of your past experience and that of others, considering where you have failed and where you may overcome past failure by future success. There is need of earnest study and

consecration of will in order that you may wield your creative power in the best possible manner during the rest of your career on earth. On this side many souls are delayed long on the road through not having learnt to realise what they should have learnt on earth."

XII.

THE REVOLUTIONISING OF RELIGION

YOU

are on the eve of a great change which will usher in a new era of human society: titanic forces are about to overthrow the outer, conventional structures that have stood the strain of ages, but cannot endure the stress of the extraordinary crises into which the world is plunging. Upon the Waves of this approaching tumult we see riding swiftly—indestructible, invulnerable-ships of the future that will carry messages between the worlds. The sea of materialism on which they ride is quite unable to engulf them or divert them from their destination. Shining paths of light stretch between our plane and yours. Thousands of them are

already firmly established, and upon these, as by wireless telegraphy, communications pass swiftly to and fro with and case unknown until now. The general public is slowly awaking to this fact.

Every

day there will be increasing confirmation of all that we desire to impress upon you. Those who are sufficiently intuitive will be aware of the rarefying of the psychic atmosphere around them. It is full now of flash from our world. It looks quite different to my eyes from what it did a year ago.

Side by side with the increasing darkness, which is apparent at present moment, is the increasing interpenetrating it, and seeking to overcome it. The light is sure to triumph. We are eagerly watching its progress as the moments pass. It

is as if men's past life-experiences were coming climax. Not one, but millions are in a state of uncertainty as to their future outward path. We behold a great feeling of tension as the result of this, —fear, distrust, anxiety, despair, —and a growing disbelief in the justice of things.

Religious

teaching is not satisfying the needs of the average soul. This is our opportunity, and we must make the fullest use of it in order to strengthen or to rebuild that faith in heavenly things which is essential for the soul of man, and without which lie is as a rudderless ship, at

the mercy of every passing Storm upon the ocean of life. You will behold a quite different type of religion from what has been manifest during these past centuries in the West. It will be based not upon Superstition but upon reason. Immortality will be a proven, scientific fact, and the outer life will take its right relation to the life beyond, through the light which we shall pour into the world.

This will have an immediate bearing upon the conduct of the individual towards his fellow, and will bring a hope

and joy, a peace and patience, quite unknown before. Those who have already received evidence of the life beyond have not had it to the full extent in which it will be enjoyed in the future, when the veil will be far more capable of being lifted at any time, in any case of need, by all who have reached a sufficient development of sensitiveness. We are seeking to develop this in those individuals only who are spiritually minded, in order that our doorways may be the best possible; for, as you are aware, communications are necessarily somewhat coloured by the mind and character of the sensitive.

You

need have no fear that this wonderful wave of inspiration approaching the world will be, to any serious degree, tinged by the materialistic thought with which spiritualistic phenomena have been so often associated in the past, when we, the more advanced spirits, were unable to come into close touch with the earth, and were thus unable to control the mediums. The first experiments in the attempts from our side to reach the outer plane were faulty. The world will soon realise the difference between the psychic phenomena of the past and those of the new age. And the churches will no longer be afraid of the subject, but will co-operate with us in our work. There is going to be a glorious

comradeship and fellowship between you and us, and between sect and sect

comradeship and fellowship between you and us, and between sect and sect, church and church, nation and nation. Each man will be his brother's keeper, and Christ's ideal will be realised at last. These things are, as it were, pictured in a crystal globe for us to see. They will certainly take place.

Nothing can prevent it. Therefore, join with us in looking forward with hope and thankfulness. The day is at hand.

XIII.

Peace From Within Outward

The era of formulated peace has

begun, but such peace is in many respects superficial. The true, deep, strong and lasting peace will need no signatures: it will be realised in the souls of the people. New ideals of brotherhood and unity will make war impossible. All our workers will I be working, each in his own way, to this end. Divine power sends us upon this mission. We are constantly being reinforced from on high in a manner impossible for you to conceive. There is no room for failure. We are sustained by the consciousness of heavenly wisdom and love guiding and upholding us every moment of the night and of the day.

With awe, we survey the majesty

of God's handiwork in the manifold degrees of creation, from apparently inanimate objects up to beings far higher than man. Through the worlds go forth mighty spiritual rays—thousands of colours, as it were, beyond the range of your spectrums. Each soul has within it a divine unique colour, which might be compared to a keynote of music, on which it vibrates. All those souls who are sympathetic in various keys are naturally drawn together. As the aeons pass, scattered affinities come together again, enriched and beautified by their upward evolution on the physical plane. And the great Song of Creation grows more and more harmonious, as each human instrument becomes perfected and able to perform the special part allotted to it from the Creation. Every soul has a destiny, a career, unimaginable to mortals still walking on tile physical plane. The universe is so wide, so magnificent, the opportunities of creative work are so vast, that your human imagination cannot grasp what lies before you as we can from our farther peak of vision. Your world seems to us a single room, and a small and cramped room it is to most Individuals therein at the present time. Yet I wish to say that this is an illusion. In this small and cramped room where you stand, thinking yourselves confined, you are yet at the heart of the universe, and can wield equal power with us, who stand apparently so far above you in the light.

You have but to deepen your

consciousness until it becomes one with the Creator: then all things are possible. and no limitations can fetter the soul even though it is confined in the flesh. In this position stood the Master Jesus. Voluntarily were His apparent limitations endured. The trials he underwent were as a crown, not an affliction, worn for the sake of humanity.

Your records of his life are scanty; they were related by men who had little understanding of the Lord they described. At every moment of his life he was Victor Supreme. The darkness was never allowed to cloud his consciousness.

To you all this will become possible, even in the deepest trials of the outer life, when once you have expanded to that state of consciousness which he reached. There is no limit set to the time which this development will take in any human soul. I believe that in the future, within the span of one lifetime, this expansion of consciousness will be gained and the God-Realisation be felt and manifested by many mortals. Why despair since are all children of the same Heavenly Father, and the same power is available for each? However deeply plunged in the darkness of the material self, a soul may be raised to wonderful heights even in a few years by relying entirely upon Divine strength for self-conquest and for the service of humanity.

Each must find his own gateway to

the path. Behold God! Who is The Way!

XIV.

THE LORD'S RETURN

LET

us thank the Redeemer of all that liveth upon your earth, for to Him are praise and glory due. He is descending now

with much glory and triumph, and soon will place His feet upon your world, veiled by but a thin wrapping from the eyes of all that wish to behold Him. This veil can easily be cast on one side, and the vision granted, for the good of the race, to those whom it will best inspire. There are thousands of us preparing for this supreme event,

seeking to sweep away the obstacles that hinder His swift descent and to clear the atmosphere in order that mortals may see His blessed influence which is radiated forth in power upon all creatures. You do well to set apart a few moments for quiet thought upon this

theme, in order that you may not be unaware of His approach, as, alas, are the majority of your kind.

We

on this side of the veil have all been informed, by some means or other, of this Divine event. We are all much

more clearly cognisant of that which is to be, and are therefore better able to take the fullest advantage of it when it comes. The angel messengers who are accompanying the Lord are travelling everywhere in our realms, carrying the good tidings. You upon earth are mostly too blind to perceive these, but they are going

to and fro upon earth too, looking everywhere for any soul who can hear or see them, in order that they may further prepare the way.

Can you doubt that, with these wonderful happenings so steadily

approaching you, the dark clouds are bound to be scattered even as the mists at the rising of the sun? He is indeed the Sun of your planet. He has always been with you in spirit, but the race has become so engulfed in materialism that it is necessary to

make Himself more perceptible. He it is who, in His outer garb, walked on the earth as the Lord Jesus and hoped then to accomplish far more for the race than has been proved possible.

"Man

had free-will, and man, engulfed by the senses, blind to the spiritual vision that was meant to quicken his

evolution and to bring him to the Christ sphere more quickly, has turned from the light and chosen the way of darkness. The race should not be blamed for this; it is but an incident in the long cycle of man's progress. You see things from such a narrow standpoint that you do not grasp the immensity of the universe, and how the lapse backward of any race, on any planet, is but a wilful fit of perverseness n the part of a rather headstrong

child. Wonderful things will happen after you lave fully recognised the power that is descending. Man will be quickened in ways undreamed of until now, and mysteries hitherto hidden from your vices fill be revealed unto all. As soon as even a few of the race realise their great opportunity

of co-operation with us, the first gleams of the coming day will begin to show themselves in an outward, practical manner. Your poor will at once begin to rise to their proper status in your community, since in our realms the conditions you permit among yourselves would be intolerable. One of the very first ideals with which we shall seek to

impress man is that his brother must be made his equal in opportunity. After that we can go ahead at a swifter rate. Then you will be worthy of co-operation with us. If you are not ready to hold

out your hands to your struggling brothers in the darker places of the earth, how can you think yourselves worthy to receive our hands, who are just a

little way ahead of you? Understand this perfectly, as it illustrates my meaning exactly. Before you can receive, you must give. You must be a brother to all before you can be greatly helped by us, for we are linked together in one mighty whole, With the Lord Christ as Elder Brother of us all."

How are we to help?

"Become inwardly more

spiritually quickened so that you may be outwardly more competent to seize the opportunities of service we are seeking to present to you, and so may help your fellows to a greater appreciation of spiritual truths. All must be made aware that the earth is but a school in which all the scholars must be mutually helpful to one another if they are to be in any way successful in mastering the different lessons set them on the earth plane—lessons which, though hard in the learning, once mastered are a conquest for ever. Most precious is every conquest on the outer plane, because the soul that conquers with difficulty, and in the darkness, becomes developed in a sense impossible to any soul who overcomes without difficulty in the light and beauty of our realms. I do not say that all conquest is easy, even here, but I do say that the soul, though handicapped, attains speedily unto a power which is not perceptible amongst those who dwell only in the realms above the physical.

There are also many other reasons

why evolution on your planet is a very blessed one in its results, but the race cannot be allowed to be wilful for too long a period, just as, in the case of a child, it is not well to allow contrariness to develop and grow. It must be checked by the child's attention and by his thoughts being carefully turned into better channels if he is to develop in the beautiful, normal manner in which every soul should blossom. The darkness that at present envelops your country, and that is closely linked with many clouds now perceptible in many lands, will only lift as your consciousness of the heavenly realities becomes sufficiently clear for you to give your hands to your brothers in the way I have described. We are all seeking to help you to achieve this, and we are hoping that the out-reaching hands will not be thrust back with fierceness, but will be sympathetically met by those amongst you who are in a superior position.

Everything will be done from our

side to help the spirit of comradeship to grow, and the ideal of brotherhood to permeate your leaders and those most responsible for the welfare of the masses.

How far we, and those of you who are in spiritual unity with us, shall succeed in attaining this desired end, I cannot at present say but, though slow, we are quite sure that the progress towards the end in view will be steady, otherwise bitter lessons will have to be learnt, and the ideal will be attained through sorrow rather than through joy. You will all he shown that part to play in the coming years. You will forgather in various ways. We shall be stirring much in your midst, and shall do our best to evolve out of your chaos some beginning of order, which is all that can be expected during the next decade.

The seeds of future well-being

will be sown in every possible place. and you will be called upon to tend and water these, in order that they may bear fruit in future years. Everything possible for the welfare and education of the children will be fostered. We shall endeavour to reach every soul who is in any sense filled with the love of the little ones, and through these we hope to achieve a great deal. Many a one who has no sympathy with his adult brethren in distress may be brought to feel sorrow for the little ones who are innocent victims of sin and poverty. We are together in this great ideal of work for the good of humanity, and beauty will assuredly arise from its realisation, since it is the ideal of the Lord Christ Himself. With joy and thankfulness lift up your hearts, and prepare for His beautiful Presence, which to you will surely be manifest, as to all those who are in harmony with His Spirit. Even those in the shadow realms have been approached by some brother who has had a glimmer of the knowledge, just as among the savage tribes on your earth, the news spreads of some great event to be. On your earth it is not so well as regards knowledge. The most degraded of your slum-dwellers, and people in the dark places, have not a hint of the things to come. They could not understand the significance of the news, were it brought to them, for never again will the Lord Christ stand in the flesh in your world, as this more spiritual manifestation will lift the race more swiftly forward than if He came again in the flesh. He has proved that descent in the flesh is not adequate for the salvation of men. They must be raised by vision beyond the flesh. He must appear to them from the

inner world, in order that they may realise that such a world exists. All who have spiritual ideals will gain a vision of Him, more or less distinct, according to the earnestness of the soul. Certainly psychic power will help in the clearness of detail with which the vision will be beheld, but such power will be by no means necessary to the beholding of this vision. I wish to say also that this beholding may come not as a vision, but as a clear consciousness of the Presence of the Lord.

In this manner it will affect thousands who could not receive it in any other way. To the coming generation of children the Lord will be clearly perceptible as He walks in your midst. He will walk in your midst until your race has reached a safe foothold for progress, and this has been looked forward to as the Second Coming of Our Lord.

"Had the race been able to

profit by the great lessons He left amongst you, and to go forward without the necessity of His descent to your plane again, it would have been raised to great heights of spiritual achievement. This would have been a very marvellous thing not realised on any other planet, but He felt, shortly before His passing from you, that such would not be the case, therefore He gave to His disciples a promise of His return, should it become necessary. Do not trouble that you have not been able to accomplish that which was indeed possible, but which proved too difficult. The race lost a magnificent opportunity that can never again recur to it in the same way, but what of this? A child in its foolishness turns away from the mother for a little while to pursue and unwise end, and loses for that reason some precious fruit of knowledge otherwise possible to it; yet does this greatly signify, when the child is mature, if it has been brought back to the higher ideal during the course of years? The glory of man is that he has the birthright of freedom. He may follow the light, or turn from it. This will give him ultimately a far fuller appreciation of it than could otherwise have been the case. Everyone's handicaps are of his own forging. In each incarnation he forges them afresh when he turns from the light, which is granted to every soul according to the soul's capacity to receive it. There is and inner flash which is usually not obeyed. Man will learn by degrees to follow this instead of darkening by his own desires. From that point outwards will the undoing of all bad karma be steady. He will no longer make fresh fetters, but will break those that already bind him. Thenceforward swiftly will he ascend to our heights of attainment. It is in order

that he may fully recognise this inner light on every occasion that the Lord is coming to quicken his consciousness of it."

Will

the Revelation be for the East as much as for the West?

"The

feeling of the early missionaries who followed in Jesus' steps and felt that the whole world was to be made acquainted with His life and teachings, was right. Now the whole world will be

made aware thereof from within outwards, rather than by the spreading of and identical proclamation. We are seeking to rend the veil in every land. People's former beliefs will doubtless colour the appearance of the Heavenly Being. This will make no

important difference, since He hath many aspects, and can appeal to all people through whichever form He chooses to adopt.

Every helper who seeks to turn man's

thoughts from the outer world to the inner spiritual realities is doing good work, under whatsoever guise of language this is pursued.

"Naturally

he who feels a burning truth conveyed to himself is likely to pass it on in the guise in which it has come to him. He can scarcely do otherwise, being limited by his teaching and heritage. Let all seek to share with their fellows the good news they have received, but do

not let them dogmatise. Let them just seek to turn the thoughts of the brother from the without to the within. This is the true missionary spirit, that which we try to spread in your midst. The form in which our teaching will present itself will be largely coloured by the mind of the person who receives it from us. We cannot help this whilst you are

limited by the flesh. Were I to speak my message to one in the East he would present it in a slightly different manner from that in which you do. The Christ-consciousness will either quicken the form of religion, or else destroy it, and again renew. You will behold this everywhere. Old forms of worship will in some cases be quickened; others will be broken up and replaced by better ones."

XV. Concerning Various Orders of Life

I saw the Teacher, who, in vision, put a lily into my left hand, and said:

Take this and keep it forevermore. Spiritual Presences are round you all, seeking to unfold your faculties to more perfect development in order that you may be able to make the fullest use of them. Thousands of bright ones join its in our work for man: many of these are with me at this moment, seeking to make it easier for me to reach the earth and give you my message. Some, with their fragrant wings, clear the air of foul vapours. Some smooth from the pathway obstacles caused by the thought forms of less evolved beings, both incarnate and excarnate. Some bring lamps of sunshine to pierce the dark corners in order that I may reach those that dwell therein, and may accomplish more than otherwise I could do in one single journey to the earth. Through the aid of these kind helpers, I am strengthened and refreshed, enabled to perform my task with greater dearness of vision, with greater ease and joy. I am therefore most grateful to them, and you should be grateful also.

Beautiful indeed are these ministers of God, who delight in service, and have no thought of self to darken their beautiful spirits, but go forth upon any and every Errand with equal pleasure, with equal steadfastness, and with equal power to achieve the best that is possible at the moment for the need in the particular case. None of you have yet come to the spiritual stature of those who descend from the very high realms and are much with us at the present time. They are various orders of angels. There are thousands of such orders. Your mind is too small to grasp the magnitude of the Universe. Expand it in order that you may apprehend some of the mysteries of being, some of the infinite varieties of manifested life. Every possible form in all the grades upward, every possible order of being is represented.

Your orders of sentient life on earth are very limited. They are as the five fingers of the hand compared with the number of the stars. You have no conception of the myriads of races, of intellectual and spiritual beings other than man, who Throng the vast spaces, and are to be found in the environment of every planet, as well as in the highest heavens, and in all that lies between. There is no emptiness devoid of being. All fulfil beauty and purpose, showing forth some great lesson of the Creator, a lesson waiting to be understood and appreciated by those sufficiently evolved. For each there is the possibility of apprehending all other beings, but not all at once. Can a fairy understand an angel? There is interchange between many orders, but all souls do not share the same line of evolution. The angels have not trod the earth in fleshly guise, though they are often sent there on missions of mercy. Each planet has its own scheme of evolution for the beings who inhabit it, and for every race of visible or invisible beings connected with them.

Your destiny is intimately bound up both with the animal creation and with various races of invisible beings who befriend and assist you, and live in the atmosphere of the planet. These are quite different from those who inhabit the atmosphere of other planets.

Yet all are aspiring Godward or heavenward, and are returning to the centre of all, from which the life in them was breathed forth. They go forth as an idea, or type, or plan; they return as a perfected spiritual being. This is as near the truth as I can get in your crude earthly terms. Every being, every type of being, is and original and unique conception issuing from the inner source, gradually materializing and developing as it goes outward, returning inward again as it goes outward, returning, inward again perfected and individualized.

This applies not only to men, but to angels, who have their evolution entirely in the ethereal realms.

After this long digression, I return to my starting-point.

Assisted, then, by many Spiritual beings of the inner realms, I journey outward to your earth, pass my words into the minds of those who are able to hear them, in order that they in their turn may help to clear and enlighten the souls of sorrowing men and women who find it hard to realise that their lives are guided and inspired, even under the most Irving circumstances and unconsciously to themselves. Never doubt this for one moment. No life is allowed to run off the track down the precipice unredeemed. When accidents occur, through self-will or ignorance on man's part, angelic helpers are always at hand to redeem the occasion, to bind up the wounds, to set the pilgrim on his path again. Sooner or later he becomes conscious of this help, either on earth or after death.

For too many beings, the earth life is but of short duration, and speedily ushers them into these inner realms, to sojourn here for a long or short interval before another Voyage into matter has to be undertaken. Your world is a training ground, and it is the hardest school of your round of experiences. Prizes won here are won for eternity. Powers acquired here are acquired for eternity. The very density of the material in which you work makes the overcoming of it a finer conquest, just as a runner handicapped in a race, who wins in spite of the handicap, ought to be commended more than he who runs with ease and has no trouble in winning the laurel. This is where experience on your planet is of immense value, and is indeed most precious. It is a unique opportunity and a privilege denied to some races, whereby we acquire faculties which they do not possess, and seem likely never to possess.

Prize therefore your privilege. Make the best use of every opportunity you have, both for evolving yourselves and for helping your fellow-men so to do.

You will never regret this. A strenuous life on earth is of immense value. That which is reaped from it compares most favorably with what is reaped from a far longer and

more easeful existence in these realms. The quality is particularly durable, not so easily rent asunder by fresh experience; it is something knit into the texture of the soul, something acquired for eternity. I refer, of course, to all progressive faculties, not to vices, which are but as moth holes, or stains upon the garment, to be cast off with it. Darkness and sin are but a garment upon the soul; they never become and integral part of its being in the same way that virtue does. Vice is shed on virtue is growth of soul—a part of its muscle and tissue.

For discrepancies in messages received, even from quite high beings, there are various reasons. The most frequent reason is that the medium's mind is much coloured by previous thought. Through a medium in trance, we can transmit our messages with greater certainty, in some respects. But this condition is not always desirable: it is usually prejudicial to the medium's health, and therefore we do not encourage it. A strong prejudice in a medium's mind against the truth of spiritual nature, would make it almost impossible for a Guide to teach this truth through that individual. By many of our higher teachers, it is thought well not to press any truth, seeing that for the time being, so many other truths are more important for the soul on pilgrimage. We wish people to concentrate upon making the most of the present life rather than to look back upon the far past, or into the far future.

From evil, i.e., unevolved spirits, the only protection is found in earnest prayer. Not otherwise can the right atmosphere be secured for any séance. Those who take part in a séance should be as much in harmony with one another as possible.

There should at any rate be perfect goodwill and openness of mind.

XVI.

TWO TALKS ON LONELINESS

THE

loneliness of the average soul during its evolution in earthly phases of existence is part of the order of evolution through which it becomes separate from the mass of humanity and develops its own individual character and angle of vision. Through telepathy and the

close proximity of individual with individual, mankind would become almost uniform in mind, were it not for this essential loneliness in which each individual finds himself, and which is and ineradicably part of the Divine plan. But, until the reason for this is sufficiently grasped by the ego, he seeks to escape from it by mingling with the crowd on every occasion, hoping to satisfy his soul-hunger by the close proximity of his neighbours. Only by

becoming still more lonely, will he become less lonely. This statement may seem to be a paradox, but it is true. He must go still farther into the centre of his being, until he feels himself enwrapped by that consciousness of unity with his Creator which for

evermore will transform his loneliness, while leaving him the abilities which the experience of loneliness has developed.

"What

I desire to emphasise is that escape from the aching void is not effected by going into external activities, recreations, association with loved ones, and so forth, but by going farther into what seems to be still greater solitude but is really a consciousness of unity

which lifts the soul into the eternal realms of perfect joy, where it feels itself not only one with the Creator,

but with all its fellows, both on earth and in higher spheres. The soul that reaches this point does indeed become intimately conscious of inter-communion with the unseen affinities of its mature being. It regains, as it were, its eternal birthright, and those souls that are its immortal peers unite with it. Hand in hand they proceed together in a glorious company of joyous workers, ennobling others by their fragrant atmosphere, uplifting all those with whom they come into contact in any realm of being. A solitary one thus becomes welded more closely to his fellows than he could have conceived possible in those days of misery before he had entered the deeps, or, if you will, scaled the heights of his being. But never does he attain this point by outward mingling with even the choicest of his fellows. He must reach back to the Divine innermost, and then

outward again, to win that realised consciousness of power which is his inalienable birthright and the ultimate destiny of one and all.

Go

in, therefore, by any means you can use, and help your fellows to do likewise. The light of the sanctuary burns not in any outer shrine, but in the heart, and those who perceive it there behold it in

every place. Such is the attitude of true worship. To fold the hands and utter prayers without this consciousness, is of no more value than the murmuring of the wind among the reeds. Those who, in days to come, assemble to worship in a spiritual

consciousness of unity, will be focus points of power such as you now know not of able to perform miracles of healing and illumination for their fellows, be these fellows present or absent. Some of you will be still on earth to witness these things. The curtain of darkness that enfolds your world is slowly, but surely, being penetrated by the light

from our spheres, which to the eyes of mortal man will also seem a miracle."

"Lonely

though the road be before each pilgrim, there comes a point when he feels himself at one with many affinities in the unseen worlds. From this moment his loneliness of soul is for ever past, since it was naught but a sense of soul-separation from his fellows.

The

sense of loneliness is bound to persist until the outer vehicles are transmuted by a higher consciousness. Then the

barriers fall, and the inner realities permeate the outer sense-realm, transforming all his faculties, bringing into play the higher qualities of the spirit, which have their birth always beyond the earthly plane.

When

a soul on earth feels itself one with the exalted shining comrades of its past, the light flows from each to each in

perfect harmony and beauty, with so much power that each recipient in turn can pass on, or reflect, the colours of its spiritual affinities. With ease do we thus pass heavenly attributes and qualities to one another. Or rather, where any soul has some preparation and beginning of a good quality, its fellows on the other side of the veil increase

in it this quality, just as for some special occasion you might fill a vessel of water to the brim. Power flows to power. Like attracts like. Yet can no good thing lent to the soul be retained by it otherwise than by spiritual growth.

There

are souls endowed with power for a passing occasion who are then able to accomplish far more than those who are not linked up with their radiant affinities. Each soul has its own group of affinities in the heavenly worlds. When it comes into touch with these, through rising in consciousness while still on earth, it can receive and pour forth the power of these kindred souls, whether these act together as a group, or separately inspire their friend and ward on earth.

Such and accession of power is and immense advantage to the worker for spiritual interests. All leaders of humanity on earth receive inspiration and strength for their work from their close friends in the inner worlds. They thus accomplish far more than, as a rule, and individual can do in the very short time of his earthly span.

The sense of loneliness felt for

a while by some destined leader of progress comes from his feeling himself cut off from the associates with whom he laboured before entering the flesh. For a time he is not to the same extent conscious of his link with Divinity. He finds himself imprisoned and confined, yet does not realise why he is in this unhappy condition. As he passes from childhood to youth, difficulties and questions fill his mind, and receive no adequate answer. Then he perhaps searches the writings, of the seers and sages of your world-history. But only in due course, from his own being, can he receive a consciousness of immortality that will illumine his path and clear away his doubts. Words are of no avail unless they open the door from the soul to its Centre and restore its memory of life in the Infinite.

In future ages, when our race is

more advanced, a new born spirit will step into and earthly body, he will not lose his consciousness of divinity, but will carry it scatheless from childhood, through manhood, to old age, with clear eyes beholding the things of the spirit, lightly baring his veil or cloak of flesh, scarcely hampered by it at all, since it will in be a thing both of beauty and of perfect health, only slightly denser in texture than what is worn in the astral realms. Such is the destiny of your race, and fain would we hasten the day when every child of man will be thus garbed. Could you but make people realise what lies before them, how great a load would be lifted from them!

We quite recognise the almost

superhuman difficulties by which you are beset in clearing your earth atmosphere from the dense clouds of materialism by which we see you almost suffocated. We long to help you, but, after making a rift, we often behold the clouds closing together again. You on earth must respond by further wakening

yourselves and one another. When the full a wakening comes, we shall be able very easily to reach you. But, until the longing for a more speedy development is born in the hearts of the race, it is hard to inspire them from without, for in one sense we do stand without. From your side there must arise the demand, the strong call then from ours will come the

down-pouring of power. Otherwise we beat upon closed doors. Any way that you can think of, such as educating the young along spiritual lines, is worth while. However slowly it may seem to you that the light penetrates, in the end we shall win. And you and we shall walk consciously hand in hand together through the earthly mists, heeding them not. You will easily rise above them when thus sustained by us, and could do this even now if you so chose, or were ready fully to co-operate with us. At present there are few on your globe who so walk, seeing with the eyes of the spirit rather than with those of the outer mind. Some such, however, there are in every land, and these we regard as heralds of the dawn. Join their company, all ye who can. Take hands with them when ye find them. Support and

sustain one another in the blessed hope that release will come eventually for one and all from the grievous bondage that now holds you, for verily we behold your race enslaved, bound as with heavy chains, labouring in darkness.

Our hearts ache with compassion for

you. Though the light be but dim as yet, find it, guard it with care, foster and cherish every spiritual impulse or desire wherever you may find it in any fellow-being. Look for it with the eye of faith. Do not be dismayed when it proves a quite feeble flicker. Seek to raise people's eyes above the material plane, even though it be for one brief moment only. Even a moment counts. If for even five minutes you can raise the attention and interest of a soul to something above the body senses, this is worth while. Behold, you are surrounded by prisoners. Your opportunities to help them are many. Do not despair."

XVII.

THE PIONEERS

THOSE

who seek to be pioneers in any way are touched more deeply by the ebb and flow of the tides in the evolution of the human race. They feel any cross currents more quickly, and are likewise more speedily sensible of progress of flashes of light and illumination in

any portion of the globe. In a word, they respond more readily to the emotional vibration of the community. They are, as it were ripples of the nation. We judge

of a nation, not by its average, as you might imagine, but by the calibre of its pioneers, and by their number, for

these mark the milestones of the next lap of the race, and indicate the trend of the next decade or so of progress. By these we judge of the possibilities of progress for the next generation, for, without it certain number of enlightened souls in your midst, it is impossible for the dense mass of humanity to move forward.

The mass of the people have to be drawn by a strong magnet. or rather by a sufficient number of strong magnets, and these have to be sufficiently in tune with spiritual realities. The more highly they are attuned, the better elements will they draw forth in the mass, and thus will the

mass be leavened more speedily. The greater the number there are of these, the greater also will be the number of souls they draw from the mass to move along

with them, and the more swiftly will the rest, too, progress. We are glad to perceive in the world to-day, in every country, a greater number of these souls than we have perceived for several centuries. Of old the light came through fewer channels. In the

Christian movement, to which I am now referring, the pioneers were more strongly vitalised, and were of a higher calibre, but there were not so many of them as we perceive to-day. The number of enlightened souls is larger, but they are not of the same depth of

earnestness as were those early apostles and martyrs. Greater intensity must come before you can expect to proceed swiftly as a race, for not otherwise than by intensity can the mass of the people be moved. During the next couple of decades men will be strangely tested, and those found fit to lead will be drawn from the mass of humanity, combined together, and inspired in various ways.

XVIII.

PRESENT BUT NEGLECTED POWER

IF

you fail in power, it is because you are blind and unreceptive. Power is

pouring down the whole time; all you

have to do is to open your doors. In almost every individual case the way that has to be trodden is unique, varying with each personality. This ever-present power can, through men, turn the earth, which is at present a wilderness, into a blossoming field. The failure

to perceive spiritual truths and spiritual power is all that prevents the world's inhabitants from becoming rapidly able to transform the outer plane, and make it like unto the heavenly ones. It is a tragedy to us to see how dark a veil lies between man on earth and our world. The veil

is fabricated entirely out of his own consciousness, which is so dense that we can scarcely see him through it.

He is beneath this sea of murky, thick, seemingly impenetrable vapour; only occasionally can we find and opening through which the light can penetrate.

It is as if you were in a sunless world, though the light is streaming upon you and surrounding, you. We would fain help you to understand and realise that this is so; help you to make for

yourselves channels through the mist. This help we can render to you, but there must be steady co-operation on the part of those below with those above. Realisation of, and faith in, the descending light are requisite before you can reasonably expect to accomplish anything worth doing on the outer plane. I say *steady* co-operation, because the clouds close together again almost immediately after any down-rush of light occasioned by

spiritual healing, or by deep aspiration on the part of any human soul. This closing together of and opening is not always the effect of the soul in question, but of the atmosphere prevailing in the community in which you live, the waves of which rush in again almost directly they are riven.

The

number of enlightened souls upon the earth must be larger More the light can be received in sufficient abundance to enable you to co-operate harmoniously together, so as to make actual the ideals the few have already perceived. How far and how soon you can achieve this is quite unknown to us, the human factor being unknowable. But we go on steadily, seeking to inspire you, sending you any ray of truth we can, always with faith

and hope that the manifestation of our wishes on the outer plane may be more rapid than seem,, likely. At present

those who have received the light are not sufficiently powerful beings to make the truth known and practised in the outer world. Very often the most receptive minds are not those that have the greatest faculty of organisation or are otherwise endowed

with what is necessary to make ideals actual. We are still waiting for souls who can combine these two kinds of endowment. We look for such to rise out of the coming generation in sufficient numbers to spread the light rapidly.

Limited as you are, you can but do your part. We are still doing all that is possible to help you:

Do

not allow yourselves to be shaken in the least by any outer cataclysm, for your world is not yet through that phase.

Keep yourselves awake, and ready for fresh opportunities, for these may arrive unexpectedly at any time: we cannot say how or when."

XIX.

Inspiration from the Innermost

In

order to apprehend the significance of the outer world, it is essential to

realise that every outer phase of

existence revolves upon an inner phase. The entire material universe, to the minutest atom, is ensouled. The degrees of vibration vary from the very slow movements to the movements past your comprehension, beyond the mind of man to measure. In the mineral, you

have the lowest degree of vibration. In the Saint, or great Prophet, Seer, Master, you have the highest. Even in the latter, the vibrations are immeasurably lower than our vibrations in these inner realms. The encasing of matter must needs slow down the intensity of these soul vibrations; else would the casing be burst immediately, and the soul

freed therefrom. Even the Lord Jesus could not have manifested his most intense vibrations of the spiritual plane through his earthly body and have kept this intact. You can understand, therefore, that your world is to us a very slow medium, where its

effect is extraordinarily slow compared with the rapid growth and outer manifestation wrought upon our inner planes.

The evolution of man on earth is not a

speedy process. It cannot be effected from without. Though a battalion of

angels may endeavour to rescue a soul

from hell while it is in the flesh, or beyond it, naught can avail until the soul itself breathes forth and upward desire or aspiration. For this opening, we wait patiently for years, sometimes centuries, sometimes aeons. Time

exists not for us in your sense of

the word. Those who live intensely, live rapidly and feel that they have lived long. For those who are in a state of coma, as in the case with many hell-bound souls, a hundred years is as a night ('night,' rather than day, pictures their state).

In

moving across these vast stretches of time, and also in traversing the universe in equally measureless distances of

space, as you term in, we are endowed with a grandeur of vision and conception impossible to realise or attain whilst still in the flesh, one that is not given to those who are still evolving on the lower planes of the spirit world. It is only when we have arrived at masterhood that we are enabled to grasp the true significance of evolution and of immortality. To do so is to view the whole of life from a standpoint as different from that of the ordinary earth-dweller as the standpoint of him who views from the mountain peak is different from that of the man in a hovel of the plain. Even this comparison does not adequately express our vision or our extended range of power.

It

is well for those souls who can do so to give a little time daily to meditation on this theme of the vast vistas

ahead, in order to enlarge their perception and imagination, for, even while in the flesh, you may greatly expand both your soul consciousness, and, as a result thereof, your range of activities on the outer plane. Everything is gained and used in this way; naught can avail you in exercising your faculties—apart from inspiration.

Such activity is as if you severed a tree from its roots and then expected it to bear fruit. The earth is filled

with dead branches and withered boughs, cumbering the ground.

They are and obstacle to all progress and inspiration. Listen to your greatest prophets throughout the ages. Do they not all voice the same thought? Why do you not then

heed their words, and follow in their footsteps? I speak this not to you in particular, but to the generation to

which you belong, which we observe toiling and struggling feverishly for spoils that are of no value. A little time spent in work of the right description avails more than a lifetime of ordinary activities, and serves the soul better as a steppingstone of preparation for

the life here. Do not allow yourselves, therefore, to become entangled in any outer works that are not of this inspired nature. Whatever you undertake, make sure that the inspiration for it is derived from the Higher Sources, received in the silence, acted upon with faithfulness in submission to the highest instincts of your being, for lo, the inspiration floweth through one's own inner self from the Higher Spheres, and is but stimulated by wisdom from one's fellows. Always in the depth of the soul is the fount of inspiration, or rather, the well which hath its source in Eternity, from which will

flow the living water sufficient for all need in any plane of being. A fellowman can do little more than reveal this inner source of power and illumination.

The soul itself must ascend to the highest peak of its own being, and at the immortal spring fill its own goblet. Beautiful are the vistas then opening

before the soul; wide and heavenly is

the new range of its activities. Circumstances no longer enthrall. Such a soul has the freedom of the universe. The brow is crowned with light. Angels are its

comforters. Darkness no longer blinds the eyes. Golden keys are in its hands.

The gates of the future are unlocked.

Death is conquered. The immortals are its comrades. Rise towards your destiny.

XX.

LIBERATION FROM THE THRALDOM OF LUXURY

THE

degree in which the average human soul at the present stage of evolution is capable of receiving light is very limited. Because of its dense fleshly limitations, the cup into which the water of life can be poured is very small. Much wisdom, instruction, spiritual knowledge,

illumination, is necessary before the soul can expand these limits, and no one can do this work for another. As anyone enlarges his capacity to receive, mighty and glorious are the power and glory ready to be poured forth. We grieve at the small capacity of the vehicles.

Enlarge

yourselves at all costs, by any experiences, sad, troublesome, irksome though some may seem to be, for lo! often the soul grows more through difficulty, effort, and sacrifice, than through a life of case, enjoyment, and smoothness, or serenity of outer conditions. We would not say

that discord or affliction helps, but we do say that selfish ease and pleasure are a serious hindrance to Spiritual growth, and are to be avoided at all costs by him who would progress swiftly on the upward way. Variety of experience is often helpful; mingling

with different characters; travel, where the mind is open to receive deep, as well as shallow, impressions; all this is of advantage to the growing Soul, but not luxury in any form whatsoever. Count those blessed who are without it. Count those ill-fated who find themselves in the lap of earth's treasures.

Such

language may seem to you too strong: but until this truth is grasped by the

human race, the Spiritual progress made by the great mass of the toilers will not be swift, because they seek the things that weaken and destroy character rather than the things that strengthen and ennoble it, the things that stifle the human impulse of generosity and sacrifice rather than those that foster it. We are all agreed upon this point. The Lord Jesus Himself laid full stress upon it, and saints and sages throughout the ages have done likewise, therefore you will not be surprised that we view the present generation of men on earth with

dismay, since the average man's aim is to make himself at all costs rich and comfortable, so that the day may be filled with pleasure, free from annoyance, and allowed to pass in gentle ease, rather than in noble effort on behalf of others. How can we change this out-look to one more nearly approaching that of our spheres, where to render service to the fellow-man is the one vital aim in life? We believe that by thinning the veil we shall enable these teachings to be reiterated and echoed, received through many channels, and that, in so far its they are felt to corroborate the words of the Great Master, the human race will pity heed to them, and they will not be unavailing in turning its gaze upwards to those things which are of importance.

"Speedily, speedily, pass

the affairs of the senses; swiftly the river of time flows by. The hand cannot grasp more than a few moments—for so we regard the fleeting years. These outer things crumble and dissolve almost as soon as they are grasped. Behold!

disillusionment lieth in wait at every doorway of pleasure. Leave off, therefore, the vain pursuit of these baubles, and, unburdened by them, pursue your paths, thankful that you have perceived a gleam of light in this respect that you have in this respect received the heavenly message and are called to carry it out. The humblest, poorest, most despised of earth's children are those of whom we have most hope. I do not speak of those plunged in wilful sin, but rather of those whose conditions are onerous and even hard to endure. Even bitterness of soul engendered by hard conditions is not so harmful to a human soul its is the thraldom of luxury— a bondage far harder to cast off when the soul entereth high realms.

"Your problem is, therefore,

how to bring up the rising generation in this new spirit, in order that it may fix its eyes upon those things that are of true value, rather than upon the dross it is surrounded with during the earthly pilgrimage. In so far as you can turn the attention of the children from the things that are passing to those that are vital, you are enlarging their capacity to receive that which is of true value and beauty. And it is upon this capacity that so much depends. As soon as the human race can expand to receive the fuller consciousness of its divinity, the end of your earthly incarnations will be in sight. Let all who realise this put their hands to the task, lift their eyes on high, behold those things that are afar, and seek to bring them within the focus of the brethren who are less clear-sighted. The vision beautiful stands shining at your gate, do not pass by blind. And, having perceived it, go, with thankful and glad heart, and tell it to your fellows. The Lord's Angel Ministers walk among you unperceived. They descend in their thousands and are penetrating the mists. I have waited long for this—through the centuries, until the moment was ripe.

Never again will the veil be as dense as before."

XXI.

"SEEK THE PEARLS IN ALL LIFE'S WAYS"

MANY

are the approaches to the soul of man when once he is awake to eternal realities beyond the

veils. Before this awakening it is hard to reach him, for he walks, as it were, with his eyes cast upon the earth and his ears closed to all sounds except those issuing from his ceaseless activities thereon: To one in this case, even Nature's voices carry no meaning; they are

fraught with no message, do not bestow that benediction which it is her privilege to give. The great work, therefore, to be done is to raise man to that level of consciousness where he is, at any rate, interested in things not of the flesh, and has become and inheritor of the kingdom of Mind.

if not yet of Spirit. Although these two realms interpenetrate, a soul may spend its whole time on earth investigating matters on the mental plane, without

being thereby spiritualised, without learning that wisdom of the ages which issueth from the higher realm and is a Divine birthright, but not given to one whilst *imprisoned*

in the flesh. Those who are

immersed in toil for daily bread sometimes glean treasures of wisdom still locked from sages who are more theoretical than practical. This do we often discern when walking in the ways of men, and observing souls who have passed on. Many a humble one on earth, who has had but little time for intellectual training,

comes to us ripe in wisdom, possessed of a very keen intuition with regard to the character of his fellow-men, and a generous readiness to outpour rather

than to store up for himself; whereas the student, intent only on amassing information, dies before he can give

out in proportion to his gathering in. Tread lightly when criticising your fellows, for a great soul is often hidden behind a very humble exterior, and a very undeveloped one may hide itself behind a lofty stature. Seek the pearls in all life's ways, as doth the Master. Bear goodwill towards all, but attract to yourselves only those whose lives, you can help

to develop more fully on the spiritual plane. Hammer not on closed doors.

Seek

those who are already kindled, ready for illumination: all spiritual workers would do well to bear this in mind, and their work would profit thereby. Think not that it is hard to discover these prepared souls. Though they be lonely, a glance is often sufficient to draw them from their hiding-places. In passing by, be awake, able to discover, from countenance or spoken word, whether the soul in touch with you is ready or unready for the call. Spend not your time sorting the rubble. What you have to do is to walk through the world with divine magnetic attraction, which will draw to you the souls that are prepared: not to go hither and thither seeking them, for they stand around your door in every land, in every clinic, where your feet chance to tread. If you fail to find them, the fault is yours, for, behold! they are everywhere; souls crying for the light, eager for illumination—souls awake, ready to respond and to become willing workers for the Lord of all. Go out, therefore, with eyes to see and ears to hear, and such will not fail to come unto you. Do not cloud their understanding with a too complicated system of ethics. Very few and simple are the rules of the spiritual life; but very persistently must they be followed to attain salvation, that is to say, unless eons are to elapse before the goal is attained.

"Rest is quite a different

thing from stagnation. Conscious rest upon the Infinite power is absolutely necessary, and should be a daily inspiration and recreation. Avail yourselves of it. Let nothing interfere with this sacred duty arid privilege of every pilgrim on the heavenly way. Let every day without it appear to you as worthless and fit to be cast upon the scrap-heap. Strike your roots deep into the spiritual life. This is possible, even in the most strenuous career. Rise early and retire late, if you can

possible, even in the most strenuous career. Rise early and retire late. If you can in no other way obtain the necessary time for meditation and communion with the Infinite. Think not to give to your fellow water from a shallow pool. Show him how to drink from the eternal springs. How can you do this, unless you practise it yourselves?"

In Reply to a Question concerning Monsieur Coué:

"Those who seriously

practise his method gradually deepen their consciousness. We are thankful to that devoted, earnest worker. Through his great desire to help humanity he is deepening his own life. Many are those who are lost in the complication, or confused in the tangles, of systems of thought. A very few things faithfully put into practice are of greater benefit to the soul than a great number of things imperfectly apprehended and imperfectly practised. Among modern seekers after truth we behold too many from whom, because of their lack of simplicity and thoroughness we can hope for but little of practical result of service of humanity."

XXII.

THE ATTRACTIVE POWER OF THE LIGHT

THE great things of the universe are those that come unsought, that spring out of the eternal depths in perfect beauty and manifest themselves through the souls of men as soon as the veil is sufficiently lifted for these to perceive the perfection of Divine realities.

Holiness is not attainable by strenuous effort. It is rather a spontaneous realisation of Divine reality by one who is in every respect a child of the Eternal Father, and who has therefore within him the Divine qualities inherent in germ, and ready to burst out into beautiful blossoms as soon as they are recognised by the evolving soul. All great movements, all great individual conversions leading to such, arise in this manner. There must be a quiet, steady, natural turning away from the lower things through the realised attraction of the higher things.

This development cannot be forced in any soul, and cannot come until the moment for it is ripe: therefore all that the more advanced ones can do to hasten the ripening in their fellows is to provide for them, as far as they can, the most perfect environment— spiritual, mental, and material— in the same way as a gardener gives his fruit-trees every advantage in his power, in order that they may bring forth their fruit in due season and as near perfection as possible. When you are alive to this fact, power will be directed towards achieving and excellent environment for all your fellows, for you must remember that the bad environment of some poisons the good conditions of others, so that as long as you allow large numbers of your fellows to remain in filth and misery, the community cannot be either healthy or moral. It is not physical germs alone that spread. but waves of evil thought and feeling - far more insidious enemies are continually rolling from your slums outward, even to what you may consider model neighbourhoods. Country and town are more or less affected by

these dark, inimical waves.
You have much to do before your

fellows will appreciate the value of the spiritual realities in the way I have indicated. Many of them have not had the environment in which they can ripen, either in body or in mind. The sunshine has been withheld, therefore the fruit will be green even when mature. The Heavenly Gardener can do but little with it. What we wish you all to do is to seek to create for your fellows such and environment in every way as you would desire for yourselves, giving to the children of the poor the advantages at present enjoyed only by those of the rich. Nay, more, the spiritual and moral side of education must be brought far more to the fore in a perfectly natural manner, without force. This can be done only by the teachers turning to the light themselves, as they will speedily do, being of a mature age, if you can grant them education of the right nature.

With the thinning of the veils a great wave of light will come, such as you have no idea of at this early stage.

The things of true importance will be realised vividly, for all souls, to some degree, will turn towards the sunshine descending upon them, and thus under proper conditions will ripen rapidly. The older ones will receive the light first, since the little fruit trees have as yet only blossomed. The further evolution of man will not be brought about by anxious striving, by mortification of the desires, by rigid self-discipline, so much as by a sudden thankful and joyous recognition of that heavenly world which is already in your midst, waiting be manifested.

A vision of the perfect stature

attainable by humanity will be granted in many ways, one of which will be that our higher brethren will be enabled to reveal themselves to you from time to time, to teach and inspire by their look and example. Men will feel a longing to become more noble. They will feel a burning desire to create in the outer world those beautiful things of which they hear, even when they do not see them, things already manifest in the inner planes. They will feel a wave of power and enthusiasm, of devotion to the Lord and Master, such as has not been known on the earth before and With this will come the joyous will to work in His service, and the melting away of difficulties and obstacles hitherto unsurmountable. On

the mountains do I already behold the first rays of this light: therefore do not be discouraged, but await its coming with thankfulness, awe, and praise. You will be enabled to take part in this campaign whilst on earth, and still more fully when you have passed to the beyond, as all of you are destined to be co-workers with us in this regeneration of man, and, after you have come here, you will influence and help your fellows on earth in new ways. Let us all take hands and go forward in one glorious fellowship, supported by Divine power, confident of perfect success. A mighty impulse that nothing can thwart has been given to this movement. The Lord Christ is at its heart, sustaining and empowering it; therefore

it cannot fail. To gaze but once upon His Face, as we may in these realms, is to be His servant for evermore."

XXIII. TWO CHRISTMAS MESSAGES

PEACE be with you on this beautiful and blessed night, when all that is sweetest and best is gathered into the homes of men by mutual service of goodwill, one to another. You have at this season some faint measure of Christ's Spirit, which is so plentiful manifested in inner realms. In your world it is reflected but dimly, as yet. Angels gather round you at this season, and endeavour to open wider the avenues between earth and heaven. Man often throws open at this time a gateway which is closed for the greater part of the year. He has a feeling that old enmities and jealousies are now to be put away, if possible, and goodwill felt towards everyone. Though feeble, there is a very general, widespread attempt at Christmas-time to put these principles into practice. We seize this opportunity of expanding the little outlet which we find in almost every soul. We try to enlarge it into a channel big enough to hold some true inspiration, which flows towards the souls in question, and which they colour according to their need.

"Every inspiration flowing down as white light is coloured to the need of the soul by the channel through which it passes. So each one receives inspiration in the way most suitable at the moment. The need of the soul draws out from the stream of light those particular rays which it instinctively feels it needs. This is done quite unconsciously, so far as the outer way is concerned. It is realised in its import by spiritual Watchers. Many processes of light upon your earth, as well as in our more subtle realms, are quite unperceived by you, who see only the effects and not the causes of trains of thought, of feeling, and of action. You do not know that what is demanded, comes to pass, because it comes unrecognised, and often in different fashion from what was expected. Yet truly is every need at every moment fulfilled, where the demand is made.

"The cry for help calls forth the descent of power. This refreshes and strengthens often in a manner unperceived, flowing rather into the subconscious depths than into the outer

mind, which is only penetrated by degrees. Souls in sorrow, therefore, who cry aloud for relief, may for some considerable time feel that they have not received it, yet all the time it is there, in their inner being, penetrating subconscious depths, ready to Well up into the outer vehicle at any moment. To the onlooker, souls in sorrow will often appear suddenly to throw off the weight of trouble, but in reality this process has not been sudden.

Do not, therefore, grieve when a friend is in sore need, but realise that that need is already supplied, though the supply is not yet recognised by the outer consciousness, for in times of need it is rare that no cry for help is sent forth. The absence of the appeal is the only obstacle to the descent of power. A week, a month, a year, and the effect of this relief will be visible in the outer mind and life. The difference in time duration is caused by differences in the character development and also in the psychic faculty of the souls concerned. Some souls are more densely enmeshed in matter than others, and with these it takes longer for the outer brain to realise that strength has already been imparted. Faith transcending the senses is, alas, very rare. When possessed, it is our greatest aid towards the realisation that the power demanded is received.

"There is darkness in the elements at this hour, and this is symbolic. With the New Year will come gradually increasing light, beneath whose rays flowers of inspiration and blessing will spring up for all who are able to perceive them. We are hoping great things in the coming year, and are doing our utmost to bring these speedily to the sorrowing world. Calamity still vexeth the nations. They are sore distressed, and rent asunder by the persistent strife engendered by the conflicts through which they have recently passed. All these dark clouds must pass away as the Lord of Righteousness descends. He will come steadily nearer you all, and His influence will penetrate the darkness and bring you light from beyond, light for which you are all hoping. He cometh not alone. With Him are thousands of angelic helpers whose very presence is a prayer.

All that I have said to you of demand and supply, as applied to

incarnate beings, applies with still greater force to those excarnate. All these thousands of helpers who are now endeavouring to raise the generation of men still on earth, are coming endowed with power consciously demanded and consciously received. They are therefore far more potent to deliver than would be your fellow-beings on earth.

You may surely rely on the spiritual force generated by them to achieve for you, and through you, such reforms as you are desirous of accomplishing. As we take hands with you in close cooperation through the coming years, there will be effected on earth what has never been effected yet, and this you will all live to see. Veritable showers of blessing, are pouring down, and are only kept from the earth by the dark clouds still enwrapping it. Through every rift they pour, and penetrate the earth with fragrant beauty. Hold yourselves ready to receive them, and beg others to do likewise. All that we ask for is a receptive mind, a believing and a childlike faith, and hope, the harbinger of light."

At this season, people on earth gather together in families and groups, to renew the ties of kindred and friendship, and to have pleasant converse and social distraction. This is well. But I would have you realise that in the inner realms we celebrate in far deeper fashion the birthday of the Prince of Peace. On this day all who have come to understand the meaning of the Lord's mission aspire to further illumination, and seek reconsecration of aims, deeper vision, and a more hallowed understanding of the mysteries of life.

They realise that only through the whole-hearted dedication of Christ's followers can man be raised to the heavenly places. These he cannot tread until he is raised in thought and understanding.

Thousands of souls who come from your earth into these realms merely sleep, or, as it were, dream through the higher phases of existence here, before descending for another earthly incarnation. Not yet attuned to the more rapid vibrations of the higher realms, they would be dazzled and blinded by the glory of our light. They seem to themselves, therefore, to be in a

world very like the one they have left. Here we endeavour to prepare them, as well as we can, for their next life, hoping that, by even a slightly extended range of consciousness, they will carry with them some faculty of clearer vision as they descend to earth again.

You will understand now how very important it is for the soul, while still treading the outer plane, to be awakened to a realisation of the spiritual forces behind the world, in order that upon these it may be borne forward, as upon a stream, and carried farther into the inner glories by the momentum of the current.

Earnestness of purpose, depth of clear vision, dedication of the will to the highest that the soul can perceive, faithful practice of all it even dimly apprehends and yet knows to be the highest it has yet seen all these attitudes of mind and character will give the momentum whereof I speak and that driving force which will carry the soul farther when it reaches our inner realms.

"Were a child of earth even once a year to gain and extension and deepening of vision, such as would lead it to reconsecrate its life to the highest it knows, and to resolve to follow this idea in practice, the result would be quite wonderful. The average man is still living with and entirely animal consciousness his brain development only serving to supply him with a wider range of sensations and pleasures on that low plane. From this state he is rarely aroused, except by some sudden crisis of joy or sorrow. With some souls the one stimulus is more powerful: with others the opposite. Therefore, that is applied which is the one suited to the soul in question. With longing eyes do we watch to see the result, endeavouring to fan into a flame the few sparks of idealism which arise in the thoughts and emotions at this crisis. The buffetings and vicissitudes of life have greater effect upon the average soul than the words of any preacher or teacher falling upon the brain consciousness, which is too dull to receive inspiration from a fellow-man. Only a crucial event, descending like a blow, or and inrush of joy, breaks down the barriers for the time being, and allows the

heavenly force to penetrate the citadel and take possession there. This is the way in which the Divine overruling power works through circumstance upon the nature of a soul unfolding in matter. The process is necessarily very slow, since, as a rule, a human Soul cannot endure more than two or three such crises in one lifetime and besides, the effect of these is not always lasting.

The more evolved type of man responds to the word of the teacher, the brother man to the written word in Holy Scripture or book. This is a type far easier to deal with. Even when obstinate or apathetic, he has more intellectual capacity and more imagination. It is with this type that the educationalist can effectively deal.

"The less evolved type which constitutes the larger proportion of your population we can deal with better than you can: and we do so, as we have described, through the play of events, which assume with this type almost the aspect of destiny. Fortune is by turns fair and fickle, joy and sorrow come in alternation. To people of this type you owe a good environment. The reaction of souls to this environment is not your affair. When you have given them the best environment you can, your responsibility for them ends, and ours begins.

"But with the mote intellectual type of man, who is able to respond more readily, your responsibility is greater. You must not only give him good environment, including education, you must also help him to unfold his spiritual life by brotherly word and act, by friendship and comradeship, by every mode of influence you can think of. We leave this type in the hands of pioneers of teachers and preachers who are ahead of the others. Further evolution of the leaders will be necessary, if they are to aid their brethren effectually. This is the moment to turn inward and seek fresh power for service. If, at special seasons, such as Christmas, all who would fain be leaders of men were to ascend in spirit to higher altitudes, their work during the following months would be distinctly illuminated thereby. It is because not only the rank and file, but also the leaders, fail to grasp opportunities for meditation, that the

good work proceeds so slowly. I would have you all realise that the mount must be ascended constantly for fresh power. Indeed, who should realise this more than we, who need to do the same, even in these higher realms? In the midst of your darkness and temptations, you need to follow our example.
"Place your lives at the Lord's feet!

PART

II - MESSAGES FROM A.B.

I.

TRANSFIGURATION BY JOY

WE

shall do our utmost to keep you out of the general chaos in Europe, but you cannot expect very harmonious conditions yet awhile in many ways. You must, therefore, be as restful and serene in mind as possible, so as not to attract the dark waves of depression which are surging around.

I will now give you just one

little story of my Russian work.

An

old, old woman came over, who had seen all her family, children and grandchildren, perish before her eyes; she, being of a hardier fibre, lived for several days longer in great anguish of mind and body. When she arrived here we had prepared her little family to receive her in a most charming home from which they all came out to her. I have rarely seen so joyous a transformation. She came over a bent, emaciated-looking old woman, in rags, looking one of earth's most degraded beings. This appearance remained until she beheld her family coming towards her, already rejuvenated, joyous and healthy-looking, as we had very little difficulty in bringing these particular souls to this bright condition. At once her

feeling of joy was so great that all her rags fell from her, a white dress clothed her about, her body rose, tall and straight, her silver hair glistening in the light, and one beheld a really beautiful woman, full of thanksgiving to God—the one emotion that had more especially restored

her youth. It was a lovely sight to see her go forward to embrace, and be embraced by, her loved ones in their new home. Now they will take part in welcoming others, helping to wipe away the dark stains of earth. I find this work most

stimulating and refreshing. It gives me a realisation of the transient character of even the worst suffering on earth, of the fact that extreme torture is not permitted to last too long for the soul's power of endurance. This enables us to view with greater patience and comfort the terrible realisation of what thousands are still suffering in the world below at the present time. Most of our workers are unable to pierce the atmosphere of gloom which surrounds the famine stricken areas. We have to content ourselves with rejuvenating the souls as they pass here, giving them joys which more than compensate for all they have endured on earth."

II.

WELCOMING THE CHILDREN TO THE BETTER LAND

I

WILL tell you a little about my work amongst the thousands of little ones coming to our shores daily from

Eastern Europe. We have special companies of women souls organised into bands to receive them, and to take care of them when their own mothers are

left on earth. As they arrive, it is interesting to note the transformation that takes place. They appear at first

very pale, though their spirit bodies are not emaciated as were their earthly ones, but they wear a kind of haunted look, with most wistful and sad expressions, as though they could not smile even if they wished. We find that the best thing to wake them from

this kind of apathy, resulting from their past terrible experiences, is the sight of flowers, and they are at once taken to fields of these. The contrast of a beauty which is within their grasp with their previous experiences of terrible destruction and ugliness,

immediately awakens a spark of joy, little or big according to the nature of the child. Some smile faintly for the first time, others rush eagerly forward with shouts of delight to pick the radiant blossoms, which of course they are permitted to do, until their little hands and arms are full of them. By this time the beautiful influences which always breathe from flowers have refreshed the children to such and extent that their faces look quite

different. Colour begins to show in their cheeks, new light in their eyes, and the first gleams of happiness appear. We then separate them, and a great deal of consideration is here needed, as we

keep families together when we can. Where one child has died before his brothers and sisters, his Guide is on the lookout for them, and knows them by clairvoyance, since all the children of one family have some dominant characteristic perceptible

by our eyes. In some cases one of our Mothers takes one family, in other cases a very competent worker takes a group of families beneath her care in one beautiful home.

"My

work, as you may already have guessed, has been the creation of these homes in that particular region into which the children are entering. During the last six or eight months I have created

several hundreds, and the work has kept me very busy, as I have had to train helpers to keep the houses intact. You will know what I mean from earlier talks*. The keynote on which the homes are built must be re-echoed from time to time or they will disappear into space. I have, of course, planned specially lovely gardens, as those seem to appeal to the children more than anything else.

*

See The Thinning of the Veil. pp. 10, 16.

A

veil is drawn between them and their memory of earth in its last stages, so that their recollections seem to be

only of their earlier experiences and of their family love. They become radiantly happy in their new surroundings, where they are trained by special teachers to be fitted for life here, which will certainly be for them more delightful than had they

continued to live on earth. We have, of course, numbers of cases in which the parents and relatives die also. Homes are provided, then, for united families, under the supervision of a visiting guide, who daily instructs

them in the laws of the new life, and gives to the

adults knowledge of the past, wisely withheld from the little ones. It is such engrossing work, and I have become so intimately bound up with it lately, and find that my practice in building houses is so much in demand that I am thankful and delighted to supply the

need, and spend the greater part of my time in this region, leaving my hostels on the Borderland, of which I have told you before, in the hands of competent comrades."

III.

PREPARING HOUSES AND GARDENS

QUITE a number of my gardens and

houses, the little homesteads I have constructed, have been transferred to a higher plane, as those who inhabited them were ready for further advancement. I told you lately that most of my erections were on the second plane; now I have been able to bring them on to the third plane, as so many of the people were so happy there that they did not want to go to new ones, preferring to take their own with them. I have been carrying out the removal for them. This involves a great deal of labour, because the whole fabric has to be done all over again, with finer material. I undo it, and effect the needed transmutation. It is impossible to explain to you the processes, because they are different from anything you have on earth. Even on earth you can make one thing out of another. I use the material again in a fresh and finer form. It is actual texture, created by thought: quite solid to the perception in this world; quite as much matter to us as, the substance of your world is matter to you. So it has to be dematerialised before it can be materialised again in the higher form suited to the higher plane where the owners now find themselves.

This has been quite a new work

for me, and is extremely difficult, but I have greatly enjoyed learning how to do it without expending unnecessary energy, and without losing any of my precious creations, which are to me most interesting, just as his own pictures are to and artist on earth. I like either to see my houses and gardens left satisfactorily standing on the second plane, for souls who desire to possess them, or else satisfactorily re-created on the third plane. If I were not able to effect the transformation perfectly, it would result in part of the house and garden being on the second plane and part on the third. Of course they pass through their unfinished stage, but I try to complete the operation as speedily as possible. It can be done in a very short time (as you count time). For instance, in a night I can get a house fairly ready on the next plane. In the interval the people for whom it is being created go to friends. The removal is just as natural as taking up a house in America and moving it on wheels and pulleys, or as may be

possible later, on earth, much more easily than now. The joy to me is first of all that the people have become so speedily ready for transition. This is largely owing to the helpful atmosphere which I and others created in these homes, whereby their minds were so attuned to higher things that they evolved more rapidly than folk generally do at their level of evolution. This is a tremendous joy to me, and in a sense quite as surprising, both to myself and to those working with me. We have gained the approval and thanks of the more exalted Master who is superintending our work.

The second thing that gives me

happiness is that the people want to take the homes with them, having found them in every way congenial. This is and even greater joy than you can think, because I see the terrible state in which these souls arrive from the earth plane; total wrecks and heart-broken, a piteous sight. One aches and longs to be able to comfort them. To be able to achieve this in even a small degree fills one with such deep joy that I scarcely know how to describe it to you. It is one of the most beautiful experiences that I have had since crossing over. I am at present quite enthralled by this work, and I am to go on with it, since higher ones seem to think I am well fitted for it. It will not interfere with our thinning of the veil campaign."

IV.

RELIANCE UPON SPIRITUAL POWER

Since

I have come here, I have realised, as never before, that everything worth having comes from the innermost, that is, from the Spiritual realms, and from the spiritual depth of man's nature. I did not realise this sufficiently when on earth.

Now I know that all power to

accomplish any work satisfactorily must be brought from the innermost, drawn to the outer man from the spiritual realms.

He can do this by entering into his own being and discovering his link with the spiritual there, or by calling aloud for power from the heavens; but

he must bring this into operation somehow before he can effect anything lasting on the outer plane. Instead of doing this, he uses the powers of the physical man, the intellectual powers merely, and moves upon the outer plane without making a conscious link with the spiritual realms.

There

must be a conscious link for any effective power to be brought forth. So much that is done on earth is ephemeral, because it is wrought from without instead of from

within. How much more could I have done in my life had I known this when I was there! Consequently I am eager to pass on the knowledge now, in hope of helping others to

understand better how to succeed in all things undertaken with hand and brain in whatsoever department of life.

Where much has been accomplished by the intellectual man without this

reliance upon spiritual power, far more could have been achieved had he

had the realisation of infinite power that, let us say, Emerson possessed. His work will go down the ages long after

works of science have been surpassed. Just work along this line, and you will find great results. I do not mean you to model yourselves after Emerson, but to realise the principles which he realised. He brought forth great truths from the unseen worlds, and set them as lamps to illumine the dark ways of life. Whatsoever he chose to put his hand to would have succeeded. Many are the great men and women who have done this throughout the ages.

It is only the average man and woman

who its a rule fail to recognise the supreme importance of prayer, or of drawing upon the Infinite in

whichever way appeals most for the accomplishment of their work. You will find, I think, if you look through history, that the greatest and most lasting work has been wrought by men and women of a lofty spiritual nature rather than by those of intellectual equipment only. These in every age have had access to the innermost in their own special manner.

V.

OUTER CONDITIONS ARE SHAPED BY INNER CONDITIONS

THERE

is always light on the fringe of the wave, so always look for the bright side of every trial. Try to do things more quietly in daily life. In quietness and confidence is your strength. We can

get nearer you when you are quiet, for excitement or emotion of any kind, either of joy or of sorrow, makes little ripples in your aura. There is a deep way of taking pleasure which is quite satisfying, otherwise, if it affects the emotional nature, there is always a reaction afterwards. It is control of the temperament that is needed.

We

interpret everything about people from their auras, as we know so well, by watching these, the effects produced on the etheric and later on the physical-body. They are clearly set forth in the aura, and can be seen by anyone sufficiently clairvoyant, either on your side or on ours. Your clairvoyants, however, are too untrained to be able to diagnose accurately what they see. They do not know the meaning of the subtle tints of colour as we do; one

of them will often balance another, hence quite wrong deductions might be made by a casual observer. Many attempts are being made on earth to diagnose physical maladies in this manner. The clairvoyant unconsciously gives his impression quite as much from what he perceives of the aura as from what he perceives of the physical body, consequently we have found that the records are not always quite accurate. But the experiment is very useful and the beginning of a new system of healing. We hope later to be able to train clairvoyants on the earth side in the exact meaning of the colour of the

aura, though there are many other tints perceived on our side the perceptibility of which by a clairvoyant whilst still in the flesh I doubt. We not only diagnose health and the character conditions, but we also perceive a good deal of the future road from the

intensity of various blends of colour, for each sends forth and electric force which controls both states of mind, of body, and of circumstance in the immediate future.

"Thus

does man shape his own career to a large extent by his innermost thought and feeling, for these attract like outer conditions. Like attracts like. The outer is moulded upon the inner. We cannot see in detail the far future through the aura. This is revealed to us,

when possible to glimpse it, by Higher Guides. We see only the tendencies which will probably attract like conditions. Where these tendencies are strong, their influence extends far into the coming years. Where the colouring given forth by the emotion, or state

of mind, is pale, the influence is weak, and will work itself out in days or weeks, possibly months at longest.

We

can thus diagnose the effects of both good and bad colour in each individual, and by watching the aura for some considerable time can see which preponderates in a given number of days, since it

would be impossible to diagnose correctly from a single mood, which often suffuses the whole of the earth vehicle with the colour of its nature. So dark is the colour of depression, that the aura for the time being appears drowned in a black or brownish-grey mist, obscuring the beautiful, natural tints seen under conditions of serenity. So you see from this, the effect of even a temporary mood. Steer clear of the dark ones, whatever your feeling; look up and catch the light on the waves, as this will help to clear your future path from troublesome manifestations. That is all, but it is a great

deal."

VI. MAKING A CHANNEL FOR THE INFLOW OF POWER

CALL out; feel the influx of power; give thanks; and go on again.

This can be done and hour of the day. It must be done with a sure feeling that it is both possible and effective. Try it! You do not try it often enough. You could thus make a regular channel along which strength would continually flow to you. There, are three phases: firstly, the strong demand, uttered aloud if possible: secondly, a very definite realisation by faith of the down-pouring of power: thirdly, a very definite giving of thanks, even if you are not at the moment conscious of the receptivity. Then go straight on again with what you are doing. You should do this scores of times during the day, until you have formed the habit of continual realisation.

Believe me, you can do this. Seek the power for every need in your individual lives. Physical, mental, or any other need will be instantly supplied if you only realise it. I behold this power from on high pouring down constantly, and yet scarcely anybody seems to take advantage of it. We here are able to perceive the pouring down of the supply, therefore we rely upon it instinctively, without any need of outer ceremony. For you it is perhaps better to practise daily meditation, at set times, because you cannot outwardly perceive the power. Your practice must be steady; two or three times will not do. You must go on and on, until you have the realisation fully established in your consciousness. This will lift you to a place of power and well-being. If only a few of you could rise to this with sufficient force, the effects would be wonderful. So much could you do for yourselves and your fellows."

VII.

INFINITE SCOPE FOR ASPIRING SOULS

ON our side of the veil we get a

far more vivid realisation of the vastness of the universe than you do. Instead of feeling shut in, with a dome-like sky above, we here are acutely aware of immense heights above us, of vast depths beneath us, realms on every side, into which we have only begun to penetrate. I do not say that everyone can perceive these. Souls who have recently passed over feel in as limited a condition as yourselves. But we who have been here even a few years appreciate the immense spaces in which the spirit of man can function. It is extraordinarily interesting to move through the space between the planets; to see them looming larger as we approach. I have myself been on only two of these journeys, but the impression remaining is very vivid. This feeling of immense scope for all one's thoughts and activities expands the imagination: gives one a breadth of view and a realisation of proportion which it is, I think, quite impossible to gain without such experience. Everything sinks into its right relation. We understand both the significance and the insignificance of our individual lives in the scheme of things in a way in which you can scarcely hope to do whilst in the flesh and limited by the physical brain.

This to me has been one of the

most wonderful experiences since I came over. I have actually grown through the larger apprehension of the scope of my being, and of its activities in the far future. My whole frame seems to have grown. I am taller during the last year or two. It is difficult to express to you in earthly words what 'crown' means. It does not mean merely and enlargement of the outer frame, but an enlargement of the brain capacity and feeling: enlargement in every way in which you can describe it, and this enlargement from the inner shows itself in the enlargement of the outer vehicle. There is greater symmetry, better proportion: it is astonishing how people do change after they have been here a few years.

They gradually approach that perfection of stature which we observe in the Masters: more or less according to their intensity of ideal and the quality of

service which they are able to render. Every individual responds to environment in a different way. This is the case on earth, and far more in these realms where stimuli of so much wider a range can be brought to bear upon the soul.

The effects thereof are often astonishingly rapid. I am speaking of people who come over to the third plane. Those on the second plane often remain but little different from what they were on earth for a considerable time, sometimes a lifetime. It seems as if they lived a second life similar to that on earth.

When they have been here about eighty or ninety years, according to earth calculation of time, they begin to get a glimmer that their life is not sufficient, and that it must expand into something different.

"It is really extraordinary

to us, who have evolved more rapidly, and who have come over with a higher view of things, to observe how very much cribbed and confined are these simple people, these average men and women who have been so encrusted with the materialism of the earth-life that they cannot slough it off in spite of all our efforts to help them. It is crystallised around them, limiting their activities to a sphere analogous to the earth. Higher beings approach them and make efforts to clear their vision. These are more or less successful. From all this you will see how tremendously important it is that the materialistic conception should be entirely shaken from the soul before it passes on, since although death does not change a person, it certainly seems to crystallise the thoughts and feelings which the soul has strongly impressed upon it as a result of its incarnation. I have observed this many times, for I have had a good deal of experience in meeting the friends and acquaintances of the old days upon earth, and I see how their ruling passion or motive has been made rigid through death."

VIII. RECEPTIVITY RATHER THAN WRESTLING

The teacher never really descends to your plane. It is you who at moments are enabled to rise to meet him on his. I can and do actually descend, but not always. Sometimes you reach me here instead. To rise in consciousness to our plane is not a matter of psychic power, but rather of spiritual aspiration. All earnest souls can do so, therefore, through prayer, noble thought, deep desire, and exaltation of feeling. Such brings souls at once to our level of atmosphere, where they are more or less affected by us, according to their power of spiritual or psychical receptivity. Poets. musicians, artists, in their best moments, thus rise and receive, either consciously or unconsciously, inspiration from us and our world. They vibrate in harmony with our ideals, and so can reflect them. Do not dwell upon the seamy side of earth happenings, scandals of the nations. Abide in the heart of the lilies.

Spiritual gifts are won by receptivity rather than by wrestling. Allow the Divine power to lift you to the place where you would be. We have to learn this when we come here, after usually acting otherwise on earth! To become receptive is and art not easily acquired, but it is the foundation stone of spiritual power. Try to make a spiritual preparation for every hour of the day.

How can one avoid being receptive to Bad Influences?

You must keep the vessel turned upwards. This can only be done by exercising the will. To put it in another way, turn the thoughts towards the Highest, then make yourself receptive to it. By regular practice this will become easy, though effort may be necessary at first. Use your will to stem the rush of irrelevant thoughts. Quiet these thoughts and the battle is half won.

PART III - TWELVE VISIONS

I - At Communion Service,
1st April, Faster Day, 1923—8:30 a.m.

I SAW a great light above the altar, radiant with white flowers and angel faces. A shining hand removed a cross of crimson roses in the centre and replaced it with a crown of white ones. There were no flowers in the church.

On each side of the altar stood and angel, quite ten feet in height, and each veiled his face with a stem of crown lilies as tall as himself.

As I looked in wonder, they moved these lily sprays aside for a second to reveal to me their glorious faces. I then saw the descending white light divide into many coloured rays. Golden rays went to one worshipper, green to others, and blue ones came to us.

As the rector spoke the first words of the service, the angel host drew aside to form an avenue, down which came swiftly from the light above a white-robed figure with serene and beautiful countenance. She stood between the rector and the first communicant, moving on as he moved, and I noted that she was transparent like crystal, and that the dazzling light became softened and focused in passing through her to the people.

I also saw a bright cross of light arise in each spot where she had stood, and this row of crosses remained shining throughout the service. I was puzzled, and said to my unseen friend, A. B., whom I felt near me, "Who is that?" "The spiritual medium on our side," he replied. "One is connected with every church and is present at every communion service. Often it is a soul who has been a nun in earth life, or one who has lived a very saintly life."

When we went up to the altar rail it was covered with a flood of swirling light like bright blue water. This also filled the space between the rail and the altar.

II - Whit Sunday

Pentecost—May 1923

I WENT again to the early service. In the same church, but I asked in prayer not to see the same things, lest I might be imagining them over again. Firstly I saw a white cross, the ends of which were blossoming into half-open water-lilies, three at each end.

I then saw above the altar a frame of the Crown of Thorns, surrounding a Heavenly Face. As I looked, the thorns blossomed.

I then saw three white doves overhead and a blaze of light descending upon the altar. Scores of angels were standing on each side. I saw their haloes, and white light coming from their feet, but their figures seemed dim.

When the rector read the gospel for the day, the fourteenth chapter of St. John, and came to the verse, "He that loveth Me. keepeth My words, and My Father will love him, and We will come unto him and make Our abode with him," I suddenly saw an angel hand take his hand and press it down upon those words as if they were the most important of the chapter.

I was following the text in my Prayer Book, and saw this vision through my downcast lids. It made me realise vividly that one sees these things with one's soul's eyes, not with one's physical eyes.

I was interested to hear later from the rector that at that point he felt as if he had never realised before the depth of significance in that particular verse.

I also saw two angel hands take a mantle of light from his shoulders at the close of the service. I did not notice it upon him until I saw it taken off. I saw the tips of the shining hands reaching over his shoulders to remove it.

III - At an ordinary celebration

June 1923

THIS time I reached the church very early, and watched angels preparing the atmosphere for the coming service. I first saw two floating slowly above me towards the chancel. Their blue and violet robes, the colour of larkspurs in sunshine, floated out around them as they moved, bending forwards, almost as if swimming through the air. Their track was white, as though purified by the sweeping robes.

I saw also, to my great delight, a band of little bright seraphs going forward, and they left the air golden. I felt that there were many more whom I did not see.

In the centre of the altar was a circle full of moving flame of the same colour as the angels' robes; upon this was a cross of white light, and around it complete rainbows sending out flashing rays.

Along the base of the altar was the word, "THANKSGIVING" in large letters of many-coloured flame, and through each letter glowed a living flower. Then, to my great interest, I again saw the beautiful soul in white, but this time he was kneeling in the glory of light far above the altar, and above the rector, instead of between him and the people, this was before the service began. I realised then that for him also that blinding light has to be softened.

Only seven people came to the service; but there was apparently as much invisible preparation made for them as if the church had been crowded.

I spoke to A. B. about this, and he said that I had not noticed how many human spirits as well as angels were joining in the service and uniting in thought, love, and prayer with their friends on earth.

IV - At Communion Service
On Christmas Day, 1923—8:30 a.m.

THE church was lighted up for the dark morning, and this at first prevented me from seeing beyond it, but by degrees, through closed eyes, I became aware of depths of unfathomable space above and beyond the altar, from which came down a great river of blue light. In the centre I then saw a radiant Heavenly Figure appear, first as a Babe and then as a Man. Slowly there passed before Him, towards the right, a procession of men and women. As they went forward, each stooped in turn and laid something at His feet. A voice said that each was putting down all that he had— life, possessions, years, months, weeks, days, hours, and minutes.

Holding in her hands ears of wheat, and angel then said that the Harvest the redemption of the entire human race—would not come until the disciples of the Lord were ready to dedicate all to His service. It is difficult to describe the sensation of impressive solemnity, awe, and depth of emotion which was, as it were, focused in this vision. There was nothing that these people were not sacrificing to His service, everything was being laid down.

I then heard another voice say that after this crisis in the life of every Christian would come the Power from on High; and, looking up, I saw wave upon wave of marvellous light descending. With it came a vivid realisation that there was nothing which this Divine Power could not accomplish, that it could solve every problem, meet every human need, and be more than sufficient in every crisis and circumstance. The effect of it was quite overwhelming. I longed for everyone in the church to realise it. I shall never forget it.

V - On a headland in Ireland

Looking over the shining sea on a breezy, sunny afternoon, May 1919— 6 o'clock

AN unknown voice said:

I am one of the guardians of Ireland, a son of this beautiful land. I love her green meadows, her moorland wastes, and her encircling sea. Upon the wind comes the sound of lament, but soon shall the dirge of sorrow be transformed into a paean of joy. She stands now as a queen arrayed for her coronation. Her robe is of ivory hue, her belt is of rubies, symbolic of the blood of her martyrs. After her crowning she will become the server of all nations."

I turned and saw that the speaker had coal-black, curling hair and grey eyes. He was tall and young, and wore a mantle of shimmering green, almost transparent. He walked with me when I got up from the grass, still speaking, and requested me to remember his words. He said. "Ireland arrives at the gate of her freedom, for she has stood her tests of patience and of courage, and has poured forth the blood of her youth in sacrifice. The light of her future years is upon her brow."

VI - Guardian of Ireland Spirit

I

SEE the spirit who had told me that he was one of the guardians of Ireland approaching me again with a smile. He is wearing a ring with three uncut emeralds, the clasp of his green cloak being one large emerald. He is clean-shaven and has a very charming smile. The cloak is lined with white, and is as transparent as green sea water. He said, "Thank you for coming here again. There is much I would like to say to you. Ireland stands at a moment of

crisis, and the new road will shortly open before her. The gateway to this is dedication of ideals to the one end in view, *i.e.* the redemption of the Irish Race. Tell my brothers of the West that they must be united in action, and not fail their country in her hour of need. Petty divisions must cease, and the past must give place to the future. Across the

waters comes the clarion call, and this must be obeyed. Hold hands lest ye faint in the hour of affliction. Make the threads secure. Let no flaw be found in the weft, no spot of disgrace or ugliness marring the weaver's work.

As a true son of Erin, I speak this,

and my word is a command. By many channels I seek to instruct and inspire my comrades. We are one, we of the celestial company, chosen to support and protect this blessed isle, and our will must be, and will be, obeyed.

"The

sea chanteth our message, the winds on the lea, echo it in the ears of those who can hear and can respond. North, South, East, and West is the call heard—the call to a new and higher life. Very steadily will the children of the Emerald Isle respond, their hearts beating

together in unison, echoing to the song of the heavenly harp which are sounding in their ears. Arise young men and maidens, hearken to eternal melodies. Dedicate your lives to the service of the Highest. Let no

one say that Ireland arose but to seat herself again. She must stand erect, ready to play her part in the reconstruction of the nations.

"The

wind blows cool as from the western isles, the isles of my youth when upon earth. The sound of the surf recalls many precious memories. I would like some day to send a message to my brothers

of the western isles. Far fly the wild birds of Erin, but they ever return unto their native nest."

VII - Hopeful vision of Ireland

IN the midst of the chaos and murders in the south, at Portstewart I received hopeful visions of Ireland.

I saw her as a tall and graceful figure clad in long emerald draperies. Her back was turned to me, and, as I looked. she suddenly tucked her golden harp under her left arm, held up her flowing robe with her right hand, and started with vigour up a long, straight, white road.

The scene changed, and I saw her now seated on a throne at the end of a lofty council-chamber, through the large windows of which I could see fair, sunny shields. Messengers came and went, and at the end of the hall a group of children unrolled a scroll inscribed "The land of Peace and Plenty," and fastened up on to the wall.

A voice then said to us, "You do wisely to remain in Ireland, which will be a stronghold of peace and calm when England is still in the midst of strife and unrest."

I also saw a wonderful shining face, magnified so that it stretched across the heavens. It was a woman's face, Madonna-like, and gazed down with love and devotion upon the land. Rays of light came out around it. A voice said, "This is the soul of St. Bridget brooding over Ireland. She shall rule in the land, and her feet shall be shod with silver."

VIII - The Tower of Unity

WHEN

asking again about Ireland. I was shown a tower set beneath a rainbow. An angel looked out and said, "The Tower of Unity. We are building from within you must do so from without." I then saw the

usual green figure of Ireland entering, and going very slowly up the steps to the top. As she went she scattered flowers, "white flowers of forgiveness," through the windows to another nation. She also took bread and wine from a large tray and shared this with other nations. Arriving at the top she sat down with her chin on her hand in deep meditation, after which she arose and cast off a dark mantle from her shoulders, revealing a snow-white robe beneath.

The

scene then changed, and I saw her walking over the fields, sowing grain. Children ran after her. As she turned towards me, I saw a bright child sitting on her left arm, whilst the right hand lifted a fold of her robe full of golden wheat grain. I understood that the

child represented "The Future Generation." An old man with a long white beard (Wisdom) then appeared on her left, and on her right a splendid youth (Progress), with eyes looking eagerly ahead, and with wings upon his heels.

The Irish guardian who showed me

these pictures turned towards me with a smile. He was the "bard" I had seen on the rocks at Portstewart. To signify this he struck a chord of rich music on his harp, and at once rabbits, birds, and other wild things came to listen. Even the flowers and grasses turned towards him. I saw him on the edge of a grassy cliff with the blue sea beneath. He wore a short green cloak, a white tunic, and a fillet of gold. He spoke, saying: "A great light approacheth." I then saw a waste of dreary moor and bog-land, very wet, as after torrents of rain. Suddenly to the north, over the sea, a light appeared in the sky, exactly that pale yellowish brilliance which bursts through dark and heavy clouds on a wintry afternoon

brilliance which bursts through dark and heavy clouds on a windy afternoon. This light was reflected from every wet rock, from every pool and every raindrop on the grasses. A moment after, away in the dark places of the valleys opposite the light, to the south, I saw a crowd of pale-faced people with dull, ragged clothes, and streaming hair. The light upon their faces made them look white against the darkness. They ran forward to the seashore, and began to launch boats and rafts of every kind on which to embark, to sail towards the light. Then appeared and angel, who bade them leave the boats and build dwellings all along the seashore. This they did, and slowly there arose a colony of neat but plain and dull looking houses. The people looked less unkempt and had bound up their flowing hair. Otherwise there was little change in them. Then the vision faded away, and I could see and hear no more.

IX - Piano Trio

EARLY one morning I went to a school to hear a piano trio played by my sister and two friends to the scholars, who gather together for a short devotional service before lessons begin.

There were about two hundred girls and boys assembled in the hall.

I was sitting beside the musicians, watching them, and not looking at the children, when suddenly I became aware that above them the air was full of light and colour, surrounding spiritual beings.

Without turning my head, I saw that they were the angel guardians of the girls and boys, for one stood, or rather floated, above every child.

l then perceived that they were swiftly moving their hands to and fro, drawing away dark strands of ugly colour caused by temper, impatience, or depression, clouding the auras of the children. All the bright and beautiful colours of love, sweetness, hope, and joy were then woven together into a shining and harmonious atmosphere, embracing them all.

It was a most wonderful sight, and I was quite disappointed when, as the music ceased, the whole vision faded from my eyes.

X

- The dawn has begun

I

SAW a rainbow, and then a larger one, and so on *ad infinitum*. In the centre of all was a glowing sun,

and from the direction of the sun, which was half visible, came forth a procession of beings from the Other World, accompanied downhill by children carrying banners on which were written, "The thinning of the Veils."

They were singing, "Glory to

God: Christ has risen: the Lord of Glory has come. He is illumining our realms with His beauty and holiness. This

will penetrate on to the earth, where you will presently perceive its radiance."

This

was said by a tall maiden who came forward out of the procession to speak to me: Light in the East will meet the light in the West. Both shall develop the globe ere your generation passes hence. We have every promise of this. Do not doubt our words.

Beautiful are the signs and portents.

The dawn has begun. Heavenly Ones await your recognition of them. Let them not wait in vain, oh people of earth, for we are with you, and shall continue to

be so until we have raised you from your knees, for we behold you groping. There is no limit to our power if you could but open your hearts to receive it. I wish to speak to all who can hear me through this one who can hear. Do not allow yourselves to be entangled

by petty aims; seek the highest, then you will join hands with us, since none are of this throng who are not thus aspiring. The light is already penetrating the hearts of men, and ere long you will be numbered among thousands, who are working for the brotherhood of man, reaching hands through the veil. You understand me, there will be no veil really. As brothers we shall march forward hand in hand we helping you, you helping us, along

the heavenly road. I speak of the road of human evolution, which we are treading with you, only under slightly different conditions, and in a slightly more

perfect vehicle of expression. Rejoice that you are able to hear me. Thank you very much. I now rejoin my comrades."

XI - European Peace Vision

I saw three angels fly down bearing a wreath of white flowers with which they crowned a little golden-haired child. They then put bread into his right hand and grapes into his left hand, and blessed him, and left him standing in a field of golden wheat. Before him stretched a smooth roadway to the sea where were many ships. He was to share his gifts with all nations.

I then saw a white table at which types of all the European nations sat and ate together, whereupon a great light shone, and they arose and took off fetters from the hands and feet of the black races. After this, a king took off his purple mantle, laid aside his crown and scepter, and stepped down from his throne amongst the people. Other rulers followed his example. In their places I now saw angels ruling the people with hands of light. Above them was a vast canopy of golden light that seemed midway between earth and heaven. They uplifted their faces to it from time to time to receive fresh power and inspiration. I then saw flowing through the land, blue limpid rivers created by the angels—rivers which carried all impurities away into the ocean and made the whole earth fertile with grain and fruit. Suddenly night came, and a full moon shone over the cities, and I realised that night was as free from impurity of thought and deed as was day in the habitations of men.

Bands of angels passed in the air across the fields, carrying benedictions, and little children crept out of bed and peeped through the windows and saw the angels as they passed. Again, there flashed before me the first picture of the little child, crowned and blest, and a voice said, "This is the first foundation-stone to be laid for the New Era. See to it that it is firmly and straightly laid, for upon this depends the whole future structure of the new civilisation.

XII - Hope! The dawn is approaching

A GOLDEN Son of the Morning came and gave me a long message, and then bowed, surrounded by flowing robes of light, and arose and floated away. I cannot describe how lovely he was, nor how beautiful and gracious he looked as he ascended again. It seemed as though he found it difficult to stay long in our earth atmosphere. He said:

"Hope! The dawn is approaching. The dark caves are illumined by the first rays of the light. The Sun is already visible to those who stand upon the heights. His radiance is stealing upon you unawares, that radiance which later will flood the world with beauty and cause all mankind to worship the King in His glory. He who constraineth us, or rather persuadeth us of His sweetness, is coming unto you with messages of cheer, in order that you may not be cast down by the surrounding gloom during the interval before you also will perceive the light of day.

"I am a Son of the Morning, and have come to you from starry realms with many of my fellows who are all seeking to witness in the outer world to the Lord's perfection and to bring to you reassurance of His message, assurance that His words will never fail, but will create their lasting image in the brain and heart of men, and will be manifested therefrom into a perfect kingdom in the outer world. We are, as I say, Sons of the Morning, angels of light, messengers of the Supreme, helping man both below on earth and in higher realms. Do your best to co-operate with us and to prepare the way for His footsteps. Holy, Holy, Holy is the Highest, whose light is always upon our brows. I speak of the Lord Christ, who descendeth from the highest, manifesting Himself through the outer form, as Jesus, who taketh upon Himself robes of denser material, in order that He may come nearer to you in all respects, to repeat, re-echo and concentrate the theme of His message given to you

already, when He stood upon the earth. We abide in the light of the Lord Christ. We surrounded Him in His highest aspect, before He took form as Jesus of Nazareth. Our home is in the highest places. Not often before have we descended so low as this dark globe upon which you are now walking. We came with joy, eager to do His bidding, and now with joy we return, also in obedience to His word."

THE END.